

**Despite power outage,
election went smooth.**

News, Page 3A

**Small or large, homes hold
Thanksgiving traditions.**

Food, Page 1C



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VOLUME 19, NUMBER 90

WEDNESDAY, NOVEMBER 15, 1995

FIFTY CENTS

Class of classroom

Local educators among 114 cited

By Scott Cousins
Staff writer

Three area educators were among the 114 honored as exceptional educators by Emerson Electric Co. during a ceremony Sunday at the Ritz-Carlton Hotel in Clayton.

The three — Caroline Champion of Madison, a school nurse at William Holliday School; Christina Johnisce of Granite City, a first-grade teacher at Blair School in the Madison School District; and Lena Ruhl of Florissant, Mo., a reading teacher at Venice Elementary School — were selected by their school districts as "Best in Class."

The Excellence in Teaching Awards, now in its seventh year, recognizes exceptional teachers for

their professional dedication and contributions. The honorees represent all levels of education — pre-school through college — from public, private and parochial schools throughout the St. Louis area.

"Teachers have one of the most challenging and critical jobs in our society, yet they seldom, if ever, receive the recognition they deserve," said Charles F. Knight, chairman and chief executive officer of Emerson Electric Co. "This is our way of letting teachers know they are appreciated for their priceless contributions to our community and our nation."

Each winner received an engraved crystal apple, signifying

(See TEACHERS, Page 10A)

TIF benefits touted

Plan called key to reversing Madison blight

By Scott Cousins
Staff writer

The proposed tax increment financing district in the city of Madison could increase the assessed value of property within the district to \$15 million from \$500,000, according to estimates presented to the City Council last week.

That would provide an additional \$2 million per year in tax revenue and bring in jobs, more development and national exposure, said Alan Ortals, executive director of the Southwestern Illinois Development Authority.

Ortals last week gave council members copies of the redevelopment plan.

According to the plan, development in the area has been "unplanned and disjointed." The plan also cited the importance of the redevelopment area to the city as whole. The area "helps to create the image of the community to the motorist and can have a powerful impact on the development of the city."

The report also cited high tax rates and poor infrastructure as impediments to development. "The combination of all of these problems has taken an area of

strategic development importance and created an area of blight on the doorstep of the city," the report said.

The key to the redevelopment would be the TIF district. Over the district's 23-year life, approximately \$20 million in tax revenue would be spent to develop the area, the plan says.

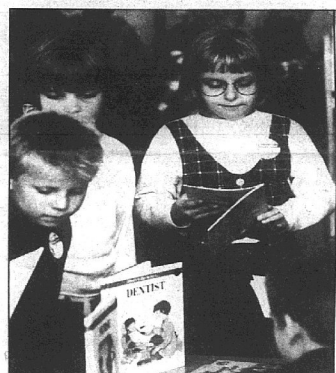
In a TIF district, the amount of tax revenue received by taxing bodies is frozen. As improvements are made, the value of the property and the tax revenue it generates increases. However, that increased tax revenue goes into a special fund that can only be used to make improvements in the district.

The district would encompass

(See TIF, Page 10A)



Ortals



(Staff photos by JOHN FRIESE)

Richard Kindle and April Ostresh select books to take home during the Running Start reading program at Frohardt School.



Granite City School District Superintendent Stephen Balen reads to the first-grade students at Frohardt School.

Madison may get 2nd plant

By Scott Cousins
Staff writer

A wood-processing facility may be built next to the proposed \$75 million energy plant in Madison, developers told the Madison City Council last week.

The facility, which would process waste wood for fuel for the plant, would not produce as much tax revenue for the city as the plant itself, but could have an even greater impact on the economy and double the number of workers at the site, developers said.

The facility would also allow recyclable materials to be recovered. Developer Michael Vrtis said the process is labor-intensive and would create an additional 40 jobs. The plant itself is expected to have about 40 full-time employees.

Vrtis, of Metro East LLC, a subsidiary of the Connecticut-based STRV LLC, and Bob Kirby of Westmoreland Energy, a new partner in the energy plant project, talked to the Madison City Council Wednesday about the plans.

Vrtis said developers were negotiating with Norfolk and Southern Railroad for the purchase of approximately 67 acres of property adjoining the energy plant.

That location is one of two being considered by Metro East LLC. The other potential site is within 10 miles of the energy plant, but developers would not disclose the location. Vrtis said a decision on the site would be made by the end of the month.

Wherever the facility is located, it would have to go through the same siting process.

(See PLANT, Page 10A)



First grader Cory Thomas finds a comfortable place to read atop a pile of gym mats after the first Running Start presentation.

In new school program

Reading encouraged

By Bob Slate
Staff writer

Dick and Jane have come a long way.

First-grade students in Granite City schools are being encouraged to read in a number of unique and entertaining ways through the "Running Start" program, funded by grants from Chrysler Corp.

Last week, 90 first graders at Frohardt Elementary School were treated to a guest reader, School Superintendent Steve Balen, to kick off

the program.

At Maryville School, first-grade students presented a musical exercise program to their parents Oct. 3.

Kathy Lymberopoulos, a first-grade teacher, and former school board member Rick Dickerson have vowed to take a pie in the face if every student in the program meets the goal of reading 21 books in 10 weeks.

Teachers at other schools have provided similar incentives — one even promised to eat worms — if the students meet the goal.

(See READING, Page 2A)

In the Journal

Index

Calendar.....	4C	Food.....	1C
Classified.....	1D	Local news.....	2A
Entertainment.....	7B	Obituaries.....	10A
Family.....	4B	Sports.....	1B

John Fuller, Chief Meteorologist, KSDK/NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
45 29	51 34	53 33	49 33

Bono appointed to judicial post

By Scott Cousins
Staff writer

Attorney Randall A. Bono has been appointed circuit judge for Madison County by the Illinois Supreme Court.

The announcement was made late Monday afternoon by Nicholas G. Byron, chief judge for the Third Judicial Circuit.

Bono will fill the vacancy created by the retirement of Circuit Judge George Filcoff earlier this month.

Filcoff was elevated from associate judge to the circuit bench last December to replace former Circuit Judge Paul Riley, who became the U.S. District Judge for the Southern District of Illinois.

Bono, 44, was a partner in the law firm of Bono, Goldenberg, Hopkins & Bilbrey, which has offices in Granite City and Wood River, but has been retired for about two years. He was born in Granite City and was raised in the Wood River area.

A graduate of Roxana High School and Millikin University, he received his law degree from the University of Louisville in 1976.

Bono's appointment becomes effective Nov. 20 and terminates Dec. 2, 1996.

The office will be filled in the November 1996 general election.

Arrangements for Bono's swearing in are still being made.

Former associate judge Dan Stack,

(See BONO, Page 11A)



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(Staff photos by JOHN FRESI)

From left, Rachella Hampton, Jazzmon Moore, Ronald Henson, Caitlin Flaherty and Tonya Peridore listen to Granite City Superintendent of Schools Stephen Balen as he reads them a book entitled "The Library."

•Reading

(Continued from Page 1A)

Balen encouraged students to read every day and at least one book a week with their parents.

At the end of the 10-week program, students will be presented a free book, pin and book-

mark for their efforts.

"The children are enthusiastic and holding the adults to their promise," said Maryville Principal Clabbe Briggs. "In just three weeks many of these young readers have already read 21 books or have come close to that goal."



Frohardt School first-grade teacher Karen Kocarnik introduces students and their parents to the Running Start reading program.

Volunteers sought for diabetes study

Washington University needs volunteers for ongoing studies on hypertension and diabetes. Volunteers from the Metro East have made up a large percentage of participants in past studies.

Volunteers with problem high blood pressure are needed for hypertension studies in progress. And type II diabetes on insulin, 18 to 70 years of age are needed.

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LASER SURGERY

SIUE to finance housing survey

Southern Illinois University at Edwardsville will pay for a \$3,000 telephone survey to gather residents' thoughts about turning the Wagner Complex into a cultural and recreation center. The university's Research and Development Services division will conduct the survey. The Wagner Complex Citizen's Liaison Committee had received financial commitments from three city committees to fund the survey.

"We're grateful to SIUE and RDS for the arrangement," Mayor Gary Niebur said. "I think we both saw that it was mutually beneficial."

SIUE graduate students will survey 300 city residents and 300 residents from surrounding communities in December. Officials will meet later this month to develop the planned 30-question survey.

"We're grateful to SIUE and RDS for the arrangement. I think we both saw that it was mutually beneficial."

— Mayor Gary Niebur

"My guess is that the survey will be done by the middle of December and we'll have a recommendation to the mayor by the first of the year," said Joe Weber, co-chairman of the Citizen Liaison Committee.

From the Alton Telegraph

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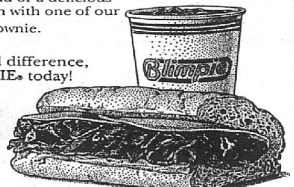
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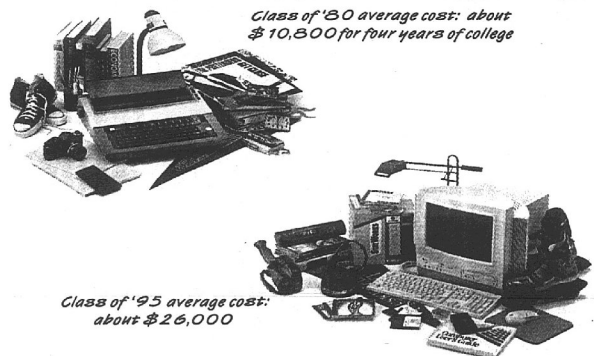
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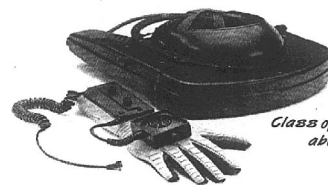
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Class of '10 projected cost: about \$60,000

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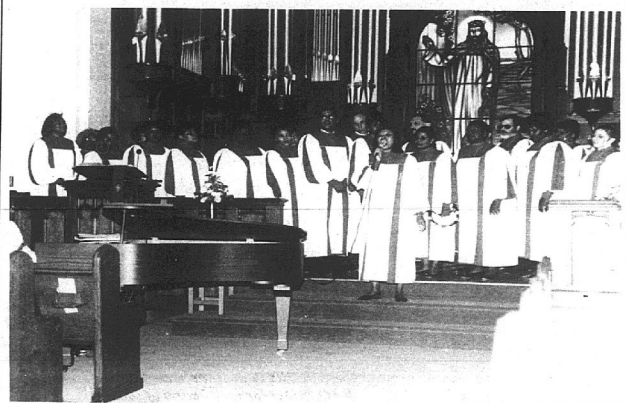
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Concert — The Voices of St. Alphonsus, a 50-member choir from the St. Alphonsus "Rock" Church on North Grand in St. Louis, enters in a processional for a concert given at First Presbyterian Church in Granite City. The gospel choir has received many awards, including being voted Outstanding Choir in the *Riverfront Times* music poll in 1993 and receiving the McDonald's Gospel Music Heritage Award for music ministry in 1994. It also has helped revitalize the church's membership and neighborhood. Below, Danny DuMaine, front center, the choir's minister of music, accompanies the choir on the piano during its performance at First Presbyterian Church. The performance was part of the church's Grand Concerts series for 1995-1996.



(Photos by DIANA KINDER)

Candidate is upset with party's leaders

A candidate for the Democratic nomination for Congress in the 20th District says he wasn't invited to meet with the party's Madison County leaders before they endorsed another candidate.

"They're up to their same old games," John Glynn of Carrollton said. "I hope they'll be happy the day after the primary."

County Democratic Chairman Mac Warfield said Glynn wasn't intentionally slighted when the Democratic Central Committee's executives interviewed candidates last week and then endorsed State Rep. Jay Hoffman in the congressional race.

"I didn't even know (Glynn) was a candidate," Warfield said. "If he would have called, we would have listened to him. Anyone who's a Democratic candidate and wanted to talk to us was welcome. We didn't refuse anyone." Glynn said, however, that Warfield "certainly knows about me."

Glynn said he attended the county Democrats' recent John F. Kennedy Memorial Dinner and talked with Warfield and other party leaders.

Glynn is a real estate appraiser who has unsuccessfully sought election to the Illinois Legislature on six occasions, the first four times as a Republican.

He was Calhoun County Republican chairman from 1991 to 1993. A third candidate for the congressional nomination, Sam Cahnman of Springfield, said he was grateful for the chance

to meet with the committee, even though he was not endorsed.

"I appreciated the opportunity to address the committee and the cordiality showed to me by Chairman Mac Warfield and the committee," Cahnman said. "I thought it was important ... to let the committee know I'm running and running hard, that I respect the organization they've built."

But Cahnman, who has attacked Hoffman for not being a resident of the district before his recent move across the Madison County line in Collinsville, leveled a similar attack on the committee.

"The executive committee has the same problem Jay had in that a large number of them don't live in the 20th Congressional District," he said. "Here we've got an executive committee made up of precinct committeemen, a number of whom don't even vote in the 20th Congressional District, endorsing a candidate who, until a couple of weeks ago, also couldn't vote in the 20th Congressional District."

Hoffman, Glynn and Cahnman are seeking the congressional seat held by U.S. Rep. Dick Durbin, who is seeking the U.S. Senate seat held by Paul Simon.

Hoffman called the Madison County endorsement "extremely important" since Madison County is the most populous in the district.

— From the Alton Telegraph

Recycling center on schedule

ROXANA — Work is on schedule at the site of a \$1 million recycling center at Laidlaw Waste Systems' Roxana sanitary landfill, a company official told visiting county and municipal officials Thursday.

"We are on track to get this thing open in February," senior division manager Larry Giroux told guests, including Roxana Mayor Jim Loyd and County Board Chairman Nelson Hagmann.

Grading is under way on a

five-acre site near Laidlaw's landfill off Old Alton-Edwardsville Road. Giroux said the steel frame of the complex should start going up in about two weeks.

"We're really excited," said Denise McCleary, Madison County solid waste coordinator. "This will allow more waste haulers to provide recycling, including the small and middle-sized haulers."

McCleary said the proximity of the recycling center to the county's urban centers will

keep recycling costs low and over time, allow recycling of an expanded variety of materials.

The 25,000-square-foot center, Laidlaw's first in the St. Louis area, will process about 50 tons of recyclable materials daily. It will accept a broad range of materials from commercial and residential customers and will feature the county's most comprehensive public recycling drop-off and buy-back center.

— From the Alton Telegraph

Election went well, Saltich says

Despite a scare caused by a power failure, Madison County Clerk Debbie Saltich says last week's elections went well.

"Overall, it went very well," she said. She said there was never a danger that the power interruption could cause a problem other than the short delay in final results. All tabulations are continually backed up on computers as they are recorded, and auxiliary power keeps the computer memory intact, she

said. A new optical-scanning voting system tested Tuesday in the 35 precincts of the Edwardsville School District drew rave reviews. The new system lived up to its promise of much faster election results, Saltich said.

Those precincts were counted by 8:50 p.m. and would probably have been tallied more quickly had it not been the system's first test, she said.

Saltich and her staff spent 15 anxious minutes after the electricity went out at 10:30 p.m. with votes from five of the 223 precincts still uncounted.

Voices are counted electronically, and the power failure put a halt to the process. Saltich said other election workers were all smiles after power was restored at 10:45 p.m. Final tallies were complete about an hour later.

Saltich said the optical-scanning system would cost about \$1 million if implemented countywide and the decision to switch may hinge on the trade-in value of the punch-card equipment.

Voters using the ballots simply complete an arrow pointing to the name of a

candidate or to "yes" or "no" on policy questions. Optical scanners read the ballots and tally votes more quickly than the punch-card system the county has used for many years.

The new "motor voter" registration system apparently didn't cause much of a problem, Saltich said she heard of only four voters who were turned away because they were registered only for federal elections.

Under the state's controversial "two-tier" registration system, people who register at driver's license, Public Aid and other state offices are eligible to vote only in federal elections. Illinois and Mississippi are the only states to adopt such systems in response to federal legislation designed to make registration more convenient.

Only 23,516 voters — 17.43 percent of those registered — cast ballots Tuesday. Saltich said the turnout was disappointing but little different than most school elections. She said turnout was about 21 percent for the last similar election. Saltich said the only heavy turnout was in the Highland School District, where spending questions attracted voters.

— From the Alton Telegraph

Exhibit space now available

Exhibitors are now being accepted for the second annual Arch Way Caravan, to be held Saturday, Nov. 18, on the parking lot of Coordinated Youth and Human Services, 2010 Madison Ave.

Tables are available for \$15 per table. The Alcoholic Rehabilitation Community Home is a local agency that attempts to combat alcohol and drug abuse in the community. ARCH provides long-term treatment services for adult males. For information call Jody at 877-4987.

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Office being built at cemetery

Calvary Cemetery in Edwardsville held a ground-breaking ceremony Nov. 4 for its first chapel/office complex.

The chapel/office complex is for parishes with burials from Wood River, Edwardsville, Glen Carbon, Granite City, Troy, Madison, Venice and Maryville.

Under the direction of Bishop Griffin, the Rev. Daniel J. Ryan of the former St. Joseph Parish in Granite City purchased the land for Calvary in 1994. It has been maintained and operated by the Sampson family of Edwardsville since 1945 and was under the direction of St. Joseph's and now Holy Family Parish.

The new chapel will display a "living tree" mounted on the wall of the chapel.

Memorials can be made by contributing \$250 for a written memorial on a tree leaf, or \$500 for a written memorial on a stone at the base of the tree.

Other larger donations may be made in memory of loved ones either living or deceased.

Four are honored by RideFinders

Three writers with the Suburban Journals and a Maryville man who has been vanpooling for 27 years were among those honored by RideFinders during its Clean Air Recognition Luncheon and Awards, held Nov. 7 at the Missouri Botanical Gardens.

Scott Cousins of the Granite City Press-Record/Journal, Marge Wilson of the Clarion Journal and Jennifer Florian of the Jefferson County Journal accepted the award.

Best Coverage of Rideshare Week on behalf of the Journal newspapers.

Florian also received the Best Print Story on RideFinders Award.

Dan Owen of Maryville received an award for Longest Running Vanpool Driver.

Owens, who has been vanpooling for 27 years, said he has traveled more than one million miles and crossed the Mississippi River more than 15,000 times.

RideFinders, administered by the Madison County Transit

District, promotes carpooling and vanpooling by working with employers and commuters. The program was set up to help reduce vehicle emissions by 15 percent in the St. Louis region by late 1996.

In June, RideFinders, the Madison and St. Clair county transit districts, and St. Louis area businesses promoted Rideshare Week.

RideFinders is funded primarily through the Federal Highway Administration's Congestion Mitigation and Air Quality Improvement Funds.

Sheila Irani, RideFinders program manager, said each week cars driven to work emit 628,000 pounds of pollutants.

"As convenient as the automobile is, the by-product it creates is literally choking us," she said. "Since RideFinders inception in 1994, there has been a steady increase in the number of commuters who have begun ridesharing."

So far, she said, they have registered more than 5,200 people, and those sharing rides have helped eliminate 24,000 pounds of pollution.

"In the final analysis, 1995 was a better year than 1994 with regards to ozone," Irani said. "But unfortunately, compared to 10 years ago, our air quality continues to worsen."

However, she said, St. Louis "stands on the verge of improved air quality."

"We have increased ridesharing, van pools, and media support," she said. "We should all feel a sense of satisfaction in knowing that our efforts to encourage ridesharing are partially responsible for reducing ozone levels."

Other awards include:

• Best vanpool program — McDonnell Douglas.

• Most creative Rideshare Week celebration — Creve Coeur Transportation Management Organization.

• Highest number of pledges gathered during Rideshare Week — U.S. Postal Service.

• Highest percentage of population pledging during Rideshare Week — A.G. Edwards.

• Best rookie company in the Downtown (St. Louis) area to begin a ridesharing program — U.S. Defense Mapping Agency.

• Employee transportation coordinator of the year — Amy Beecher of Union Electric.

• Clean air citizen of the year — Marina Cofer-Wildsmith on behalf of the Eastern Missouri Chapter of the American Lung Association, which, in conjunction with the Missouri Department of Natural Resources, created a formula and method of distributing real-time air quality information to the public.

• Longest participating vanpool passenger — Donna Curcuro of Livingston, Ill., who has been riding to her job at the Internal Revenue Service for 17 years.

• Longest running carpool — Herman Scheve and Don Ponder of Overland, Mo., 18 years.

• Von Weise Gear Company of St. Clair, Mo., received the Union Electric Co. Clean Air Technology award.

Here are tips on Theme Decorating from the experts at

FRANK'S®

Ever thought of theme decorating? It's a great way to go about doing things a little differently with your Christmas tree this year. And it's fun. All you need are some ideas, and of course we'll be more than happy to oblige with that.

All That Glitters

Sparkle, glitter, glamour, you know what we're talking about. For a tree that literally explodes with brilliance, start with sparkling clear Christmas lights. Add affordable gold and silver ornaments (you'll find them at Frank's), and finish off everything with angels dressed in creamy white for a touch of holiday magic!

Christmas Morning

Fill a tree with the wonder and joy of a child's Christmas. It's not difficult to do, either. Simply add red apples, candy canes and gingerbread ornaments. And, don't forget a frosted star tree-topper to be placed on the highest bough.

Natural Elegance

Capture all the beauty of the great outdoors in your tree. Start with rich burgundy and green as your color base. Place grape clusters, birds, little wooden wagons and sleighs. Filling the sleighs with gifts makes it even better. Contrast everything with gold ribbon and glass balls.

Plaid Tidings

Red, bright and toys all over! Kids of all ages love a whimsical tree featuring red wood beads, plaid ribbon garland, plush stuffed deer, boy and girl rag dolls and snowmen dressed in plaid.

Victorian

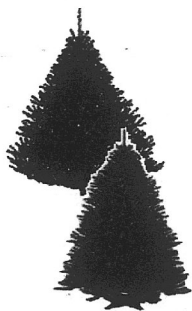
Decorate with mauve flowers and ornaments, accented with lace and pearl garland. For something unique, "dress up" your tree with miniature ballerina and dress/coat ornaments. Of course, they're all available at Frank's.

Don't Forget The Miniatures!

Miniature Christmas trees, along with the adorable miniature ornaments that go with them, are always fun. Let each member of your family have their own little tree, decorated the way they

like. You'll find a nice selection of mini trees and ornaments at any Frank's store.

If you're the owner of an elaborate, or not-so-elaborate miniature doll house, decorating it for Christmas is one of the great joys. The possibilities for doll house decorating are virtually limitless. Miniature trees, wreaths and packaged gifts transform the house into a charming Christmas scene.



Tree Time

If you're doing some debating on what type of Christmas tree you'd like this year, you'll be interested in our upcoming columns. We'll go into some of the details of each type, since there are definite advantages of each. One thing's certain. Whether you opt for a fresh-cut tree or a lifelike one, the price will be hard to beat!

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St. Charles - 4630 Hwy. 94 N. Outer Rd.
(314) 326-8355
St. Charles - 3725 Harry S. Truman
(314) 251-1745
Bridgeton - 12253 St. Charles Rock Rd.
(314) 298-1697
Overland - 8901 Page
(314) 423-5125
North County - 11015 Old Halls Ferry
(314) 355-8534
Kirkwood - 1135 S. Kirkwood
(314) 821-8856
St. Louis - 4650 Lansdowne
(314) 351-8919
Shrewsbury - 125 Kenrick Plaza Dr.
(314) 962-8875
Fairview Hts. - 110 Commerce Lane
(618) 392-1251

Frank's...One-Stop Shopping For All Your Decorating Needs!

Watch Sunday's Journal for more tips from the experts at Frank's!

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Memorial Home Care Services is an Illinois licensed and Medicare certified home care agency with services reimbursed by Medicare, Blue Cross-Blue Shield, Medicaid and many other private insurances.

HOME CARE MAY BE UTILIZED WHEN

- A person, with recurring problems associated with a chronic disease or terminal illness, needs support and assistance.
- A patient requires continued nursing or therapy service following hospitalization, however, prior hospitalization is not necessary for acceptance into this program.

INFORMATION

For more information about Memorial Home Care Services, call 257-5700.



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 7' Lifelike Canadian Pine
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 On Any One Item In Our Stock!
 With this coupon, save 33% on any one item that has a regular price of up to \$50.00. If you choose an item regularly priced over \$50.00, you can use this coupon for a maximum \$16.50 savings. Limit one coupon per family per visit. Excludes: Previously purchased merchandise, clearance, special purchase, sale products, pet foods and aquariums. Cannot be combined with any other coupon or discount offer. Valid thru Nov. 19, 1995.

Store Hours:
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 Closed Thanksgiving
 Sale ends 11-18-95

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CSI 430 Com
CSI 490 Ser
ECO 309 Mon
FA 304 Surv
MGT 314 Orga
PSI 301 Intern

JANUARY
ACC 261 Princ
ACC 312 Mana
CSI 101 Intro
CSI 106 Intro
CSI 150 Cobol
CSI 369 Social
MGT 254 Man
MKT 205 Princ
MTH 125 Basi
MTH 210 Anal
PHI 331 Social

FEBRUARY
ACC 362 Princ
BUS 303 Busine
CSI 107 Intro to
CSI 108 Intro to
CSI 250 Cobol
CSI 345 The S
MGT 254 Princ
MKT 320 Perso
MTH 211 Analytic
MTH 310 Statist
SPC 391 Persua

MARCH
ACC 361 Cost A
CSI 130 Intro to
CSI 320 Data F
CSI 390 Specie
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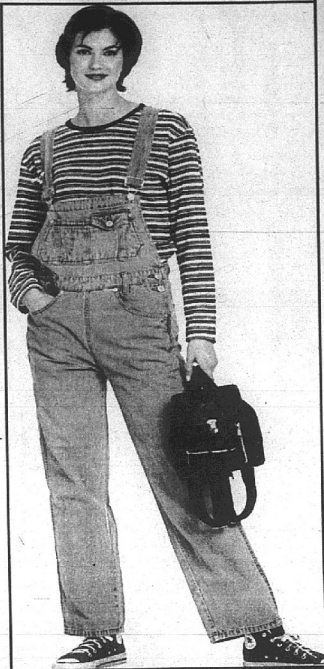
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House drawing set Wednesday

The grand-prize winner in the first annual house raffle sponsored by Big Brothers/Big Sisters of Southwestern Illinois will be selected in a drawing at 5 p.m. Wednesday, Nov. 15, in the east court at St. Clair Square. The public is invited to attend.

Two of the Rams cheerleaders will assist with the ceremonies. The first name drawn will be the grand-prize winner of a \$185,000 house or \$100,000.

Senior menus

Donations for noon meals are \$1.75. Call day ahead for reservation, 877-4373.

Wednesday, Nov. 15
Bratwurst, German potato salad, peas, bun, fruit cocktail.

Thursday, Nov. 16
Salisbury steak, whipped potatoes, gravy, broccoli, wheat bread, apple sauce.

Friday, Nov. 17
Turkey, gravy, dressing, cranberry sauce, green beans, dinner roll, pumpkin pie with whipped topping.

Monday, Nov. 20
Chicken and dumplings, sliced carrots, apple juice, wheat bread, sugar cookies.

Tuesday, Nov. 21
Polish sausage, whipped potatoes, gravy, sauerkraut, wheat bread, orange sherbet.



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<p>SPECIAL \$16,544**</p> <p>95 BUICK REGAL SIL. 60000 MSRP \$20,288</p>	<p>SPECIAL \$20,544**</p> <p>95 PONTIAC TRANSPORT SE APV. SIL. 60000 MSRP \$23,860</p>

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(Staff photo by BOB SLATE)

Donation — Employees of First Bank, 3600 Nameoki Road, recently held a rummage sale to benefit the Mayor's Youth Center project. The sale raised \$527, all of which was donated to the not-for-profit corporation. Pictured from left are First Bank employees Jeanne Wilbur, Robin Thomas and Beth Dittman; Mayor Ron Selph; and bank employees Vickie Cottrell, Joan Achenbach, Melissa Hillmer, Judy Endicott and Linda Manis. Not pictured are bank employees Judy Cates and Sean Lewis.

Santa to visit BAC Dec. 9

Kids better start making their Christmas wish lists because on Dec. 9 Santa Claus will make his annual visit to the Granite City campus of Belleville Area College to see if children have been naughty or nice.

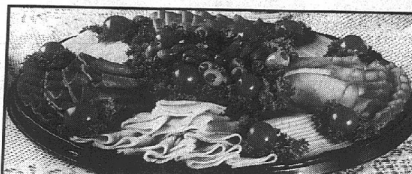
Tickets are on sale now until Dec. 1 for the holiday morning with Santa at the campus, 4900 Maryville Road.

The doors will open at 8:15 a.m. Breakfast will be served to visitors at 8:30 a.m., and Santa and Mrs. Claus will arrive for the festivities at 9 a.m. There will be a special room set aside where children can watch cartoons or color in coloring books while they wait for Santa.

Tickets for "Breakfast With Santa" are \$3 each. Photos with Santa are \$1 each.

Tickets must be purchased by Dec. 1. No tickets will be sold at the door. Tickets are available by mail or at the GCC business office. One adult must attend with every three children.

For more information about the holiday morning with Santa, call the campus at 931-0600.



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Gift Certificates.

Shop 'n Save

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NOTICE OF PROPOSED PROPERTY TAX INCREASE FOR VENICE COMMUNITY SCHOOL DISTRICT NO. 3

I. A public hearing to approve a proposed property tax levy increase for the Venice Community School District for 1995 will be held on November 27, 1995, at 6:45 p.m., at the Board Meeting Room, 7th & Broadway, Venice, Illinois.

Any person desiring to appear at the public hearing and present testimony to the taxing district may contact John Rush, Superintendent, 7th & Broadway, Venice, Illinois at (618) 451-7953.

II. The corporate and special purpose property taxes extended or abated for 1994 were \$515,669.16.

The proposed corporate and special purpose property taxes to be levied for 1995 are \$606,500.00. This represents a 17.6% increase over the previous year.

III. The property taxes extended for debt service and public building commission leases for 1994 were \$23,074.13.

The estimated property taxes to be levied for debt service and public building commission leases for 1995 are \$23,373.75. This represents a 1.3% increase over the previous year.

IV. The total property taxes extended or abated for 1994 were \$538,743.29.

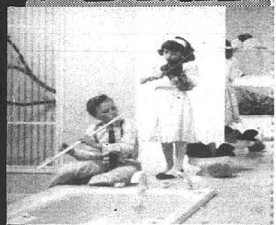
The estimated total property taxes to be levied for 1995 are \$629,873.75. This represents a 16.9% increase over the previous year.

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•Plant

(Continued from Page 1A)

cess as the energy facility, including a public hearing.

Vrtis said the cost of the facility would be far less than the energy plant, but he did not disclose a cost.

"The capital outlay will significantly be dwarfed by the energy facility," he said. "In terms of economic impact, it doubles the jobs, and the expenditure requirements are probably equal to the energy facility."

"So the ripple effect on the local economy could be as significant as the energy facility," he said.

The plant would process approximately 300,000 tons of wood fuel. That process would also produce an estimated 45,000 tons of other recyclable material.

One advantage for locating the facility next to the energy plant is that the fuel can be delivered by conveyor belt. If it is located somewhere else, the fuel pellets would have to be delivered by truck.

Kirby said the raw material would be delivered to the facility and visually inspected. Unacceptable material would be loaded back onto the truck it came in.

The facility would use magnets, air separators and a float tank to remove recyclable materials from the wood fuel.

He said the cost — or profit — to haulers would depend on the quality of the material.

Kirby added that for exceptionally clean fuel, the hauler might be paid, while haulers would be charged for material needing processing.

The city council was officially informed that opponents of the power plant have appealed the siting with the Illinois Pollution Control Board.

•Teachers

(Continued from Page 1A)

excellence in the classroom.

Champion has been the certified school nurse in the William Holiday School District in Fairview Heights for the past six years.

She is now working towards a master's degree and obtaining her teaching credentials.

"I'm on just about every committee there is (at school)," she said. "I also do a lot of teaching in the classroom."

As a nurse, she also spends

time observing and helping children with medical problems adjust to the classroom.

"There are more children who are coming to school medically fragile," she said. "We have a lot of children on medication, so you really need someone with a medical background."

Champion said she was "just thrilled" to receive the award. "I think it's a big step for school nurses," she said.

Johnsee teaches the self-contained first grade Title I class at Blair School.

She has been a teacher in

the Madison School District since 1978. She has taught first, second and third grades at both Harris and Blair schools.

She is a member of the "Project Success" team at Blair and has been participating in the Early Primary Institute at Southern Illinois University at Edwardsville.

"I'm flattered," she said. "There are a lot of people here who deserve it."

"I'm kind of embarrassed, but it's nice to be appreciated," she added.

Rush, the coordinator of the Venice School District's Title One reading program, teaches reading to students from first through sixth grade. She said receiving the award was "really fabulous."

"It was quite an honor to be recognized for something you really believe in," she said.

A teacher at the Venice School District since 1961,

Rush said she enjoys working with children and finds it "quite a challenge."

"Each year you can see a change (in the students)," she said.

"When I started teaching there was more parental involvement; now you feel you have to do more."

•TIF

(Continued from Page 1A)

approximately 615 acres on both sides of the Cahokia Diversion Canal. It would include Gateway International Raceway and Gateway Truck Stop. Land in the district north of the Cahokia Diversion Canal would be part of a business/industrial park, while the southern part of the district would be commercial property.

Raceway owners recently announced plans for a major upgrade and renovation that includes a new drag strip and oval track. The improvements are planned to attract "marquee" televised motorsports events.

The facility could also be used for other driving-related activities such as television commercials, new car and truck introductions, a racing driver training school and a law enforcement driver training program.

Estimated expenditures of TIF funds was \$21.24 million. Of that, approximately \$3.3 million would go toward public improvements such as sanitary and storm sewers and roads.

Also included in the \$20 million figure is \$4.2 million for demolition, clearing and grading and \$2.47 million for professional services.


Ortals noted that if all the proposed development takes place, the amount of tax revenue generated during that time would be twice that spent.

"If all of these developments take place, it will actually generate about \$40 million (in tax revenue)," he said.

He also said that the assessed value of the land has decreased by about 15 percent in the past five years, and without the improvements would continue to decrease.

Ortals told council members no action should be taken yet, but that they should study the plan. He said the district should be in place by late January for developers to begin work on the raceway improvements.

As part of the TIF process, a copy of the development plan will be available for public inspection at the city clerk's office, and a public hearing must be held.



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Obituaries

Beulah Marco

Beulah A. (Williams) Marco, 58, of Collinsville died at 10:15 a.m. Monday, Nov. 13, 1995, at Anderson Hospital in Maryville. She was born April 12, 1937, in Esther, Mo.

A homemaker, she was a member of Midwest Community Church in Caseyville.

Survivors include her husband, Robert J. Marco, whom she married April 8, 1956; one son, Robert J. Marco Jr., of Troy; two daughters, Cynthia Bohn of Troy and Donna Sorrell of O'Fallon; one brother, David Williams of Madison; one sister, Leola Guthrie of Collinsville; and six grandchildren.

She was preceded in death by her parents, RDO Everett and Clytie Mary (Thomure) Williams; one brother, Harold E. Williams; and one sister, Rosemary Novario.

Services are at 10 a.m. today, Wednesday, at Herr Funeral Home, 501 W. Main St. in Collinsville, with the Rev. Jerry Casey officiating. Burial will be in St. John Cemetery in Collinsville.

Memorials are requested for the American Diabetes Association.

Joseph Morales

Joseph C. Morales, 76, of Fairmont City died at 7:50 a.m. Sunday, Nov. 12, 1995, at his residence. He was born Nov. 4, 1919, in St. Louis and had been a lifelong resident of Fairmont City.

A machinery maintenance man with Erin Williams in St. Louis for eight years, he was formerly employed with American Zinc Company in Fairmont City for 30 years. He was a member of Holy Rosary Church in Fairmont City.

Survivors include two daughters, Margaret Mayberry of Fairmont City and Kathleen Gibson of Granite City; three brothers, Albert Morales of Collinsville, Frank Morales Jr. of Fairmont City and Johnny Morales of

Belleville; two sisters, Ollie Martinez of Fairmont City and Rita Gonzales of Alton; six grandchildren; and five great-grandchildren.

He was preceded in death by his wife, Ofelia (Davila) Morales, who died Aug. 15, 1994; his parents, Frank Morales Sr. and Juana (Arelano) Morales; one brother, Peter Morales; and one sister, Lucy Garcia.

Services are at 10 a.m. today, Wednesday, at Holy Rosary Church, 2720 North 42nd St. in Fairmont City, with the Rev. Mark D. Stec officiating. Burial will be in St. John Cemetery in Collinsville. Arrangements are being handled by Kessly Colonial Mortuary in Fairview Heights.

Memorials are requested for the Arthritis Foundation, 7315 Manchester Road, St. Louis, Mo., 63143.

Robert Bush

Robert "Doc" Bush, 81, of Mitchell died at 1:50 a.m. Saturday, Nov. 11, 1995, at Rosewood Nursing Home in Edwardsville, following a six-month illness. He was born May 14, 1914, in Ketsville, Mo., and had been a resident of Mitchell since 1923.

A boilermaker foreman with Shell Oil Company for 40 years prior to his retirement in 1974, he was a member of the Pontoon Beach Church of Christ.

Survivors include his wife, Doris (Grantford) Bush; four daughters, Nina Foreman, Mary Clavin and Edythe Steward, all of Granite City, and Sandra Wilkison of Mount Olive; four stepchildren, Leone Gee of Fort Lepton, Colo., Gerald Fields of Denver, Colo., Daniel Steward of Granite City; 10 grandchildren; and 13 great-grandchildren.

He was preceded in death by his parents, Jonathan and Edythe (Anderson) Bush; one brother, Reginald Bush; one sister, Lady Ione Starkey, who died in 1994; and one grandson.

Services were Tuesday at

Pontoon Beach Church of Christ with the Rev. Chuck Sackett officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Arrangements were handled by Werner Chapel for Funerals in Pontoon Beach.

C. Daugherty

Catherine M. (Smother) Daugherty, 70, of Greenville, Ill., formerly of Granite City, died at 12:24 p.m. Sunday, Nov. 12, 1995, in the emergency room at Memorial Medical Center in Springfield, Ill., following a sudden illness.

Mrs. Daugherty was born May 13, 1925, in Madison and had been a lifelong resident of Granite City.

A homemaker, she was a member of Church of Christ in Fairview Heights.

Survivors include three daughters, Karen Stone of Greenville, Myra Carroll of Wayne, Ill., and Phyllis McMillan of Springfield; one brother, Larry Smothers of Granite City; two sisters, Billie Gilchrist of Granite City and Virginia Smothers of Madison; and six grandchildren.

She was preceded in death by her husband, E. Sexton Daugherty, who died Jan. 23, 1994; and her parents, Roy and Beulah Smothers.

Services are at 1 p.m. today, Wednesday, at Irwin Chapel, 3950 Maryville Road in Granite City, with the Rev. R.C. Thompson officiating. Burial will be in Memorial Park Cemetery in St. Louis.

Memorials are requested for the American Heart Association.

George Worley

George A. "Jon" Worley, 67, of Granite City died at 8:12 a.m. Sunday, Nov. 12, 1995, in

the emergency room at St. Elizabeth Medical Center. He was born Dec. 5, 1927, in Steelville, Mo., and had been a resident of Granite City for 14 years.

A part-time cab driver with ABC Cab Service in St. Louis for two years, he previously worked with the Country Cab Service in St. Louis.

Mr. Worley was a Navy veteran, and a member of the Granite City Moose Lodge No. 272 and the Eagles Post No. 1126 in Granite City.

Survivors include his friend, Mary Hurcoy of Granite City; one son, John Worley of Venice, Calif.; three daughters, Kathryn Eggerling of Maryville, Susan Simmons of Phoenix, Ariz., and Elizabeth Petcu of Portland, Ore.; and five grandchildren.

He was preceded in death by his parents, Arthur and Esther Worley.

A Moose service was held Tuesday at Irwin Chapel in Granite City.

Memorials are requested for the American Diabetes Association, the American Heart Association or the Moose Heart of Illinois.

Birth

Matthew Donihart, Matt Donihart and Chasidy Dawn Linhart, both of Granite City, have announced the birth of their first child, a son.

Matthew Wayne Donihart was born at 4:58 p.m. Oct. 16, 1995, at St. Elizabeth Medical Center and weighed 8 pounds.

Maternal grandparents are Danny and Marlenia Linhart of Granite City. Paternal grandparents are Robert Donihart and Brenda Cunningham, both of Granite City.

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Garden club members meet

Eighty-one members of the District V Garden Clubs met Oct. 26 at Fox Creek Golf Club in Edwardsville for their Annual President's Council Day.

On this day, all past directors and current club presidents are honored with a lunch, a corsage and a planned program.

Clubs represented were Cahokia Garden Club, Carte Blanc Designers, Cloverview and Garden Study Garden Clubs of Granite City, Creative Gardeners of Jersey County, Edwardsville Garden Club, Fairview Heights Garden Club, Green Oaks Garden Club of Macoupin County, Holiday Shores Garden Club, Lakeview Garden Club of Collinsville, Macoutah Garden Club, St. Clair County Garden Club of Belleville, Shiloh Valley Garden Club, Trenton Tumbleweeds, and Wood River Area Garden Club.

Wood River Area Garden Club was the hostess club for this event. Its president, Virginia Wharton, gave the welcoming address, with a response by Marian Nelson, vice-chairman of the district.

District Director Carol Holbert presided over the meeting and greeted everyone with a warm welcome and a garden club poem.

Nine past directors were present: Lillian Heberer, Judy Isselhardt, Mary Ellen Lindsey, Ruth Buesch, Mary Ellen Lindsey, Virginia Bocquet, Dorothy Chamberlain, Bea Halford, and Gerry Thorpe. Corsages were pinned on each one as they were introduced.

The following awards were given for artistic designs displayed by members for competition:

Class I — My Hobby for novice designers — Nancy Wallace, blue; Carla Fitzgerald, red; Helen Mih, yellow and for advanced designers — Rita Kinsella, blue; Virginia Bocquet, red; Opal Riely, yellow; Marian Nelson and Barbara Melton honorable mention.

Class II — "The Changing Season" novice designers — Helen Mih, red; and advanced designers — Mary Ellen Lindsey, yellow; Eleanor Dubetz, red; Mary Ricketts, yellow; Lil Heberer, honorable mention.

Horticulture awards given: Ann Meyer, 1 blue; Lillian Williams, 1 yellow; Mary Ellen Lindsey, 3 blue, 1 red; Helen Mih, 2 white; Nancy Wallace, 1 blue, 3 red, 1 yellow; Betty Scott, 1 blue, 3 red, 4 yellow, 3 white; Marlene Brokaw, 1 blue; Alice Coffman, 1 blue;

Bea Moeckel, 1 red; Gerry Thorpe, 1 blue, 1 red; Ruby Francis, 1 red; Pat Queen, 1 blue; LaVerne Renaud, 1 blue, 3 red, 1 yellow, 1 white; Alice Korita, 4 blue, 1 red;

Elsie Smith, 1 yellow; Edith Ritchie, 4 red; Marilyn Lee, 1 blue, 1 red; Dee Carr, 1 white; Beth Murrie, 1 blue, 1 yellow; Mary Mang, 2 blue, 3 red; Florence Butler, 1 red.

Wood River Area Club members welcomed guests with coffee and rolls before the meeting. Lunch tables were beautifully decorated.

Gangs discussion tonight

The local chapter of Phi Delta Kappa and the Granite City School District will be offering a program on gangs for parents and educators tonight at Granite City High School.

Speakers will include Sgt. Chuck Brueggemann and Trooper Todd Warren of the Illinois State Police and Detective Rich Werth of the Granite City Police Department.

The program will be from 7 to 8 p.m. at the Granite City Senior High School Auditorium, 3101 Madison Ave.

Participants should park in the rear of the building and use entrance five.

There is no admission. The program is geared toward educators, but parents may also attend. No children or students will be allowed.

For information call 451-5808.

•Bono
(Continued from Page 1A)
Associate Judge J. Lawrence Keshner and Associate Judge David Herndon have all announced they will seek the seat. Last week, the Madison County Democratic Central Committee declined to issue an endorsement in the contest.

Party Chairman Mac Warfield of Granite City said at the time the panel decided to wait to see who the Supreme Court would appoint to fill the vacancy.

Bono, who recently moved back to Bethalto from Florida, said he has not decided if he will run for the seat in the March primary.

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314-894-0081
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Granite City, IL 62040
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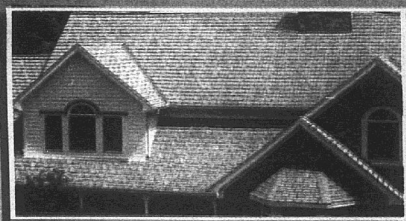
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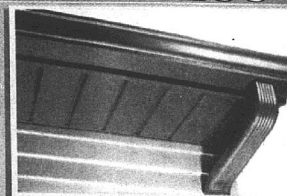


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WRESTLING

Warrior wrestlers gear up for season.

Thursday



Art Voellinger

Great seasons
30 years ago

Shortly before the first whistle signaled the start of boys' basketball practice for the 1965-66 season, I paged through a "March Madness Encyclopedia," provided by the Illinois High School Association and enjoyed this:

When it comes to basketball in the Southwestern Illinois Area, this scribe delighted in the 1964-65 and 1965-66 seasons. That's when Collinsville won the '65 title and Belleville Township finished third in one-class '66 finals at the Assembly Hall in Champaign.

In '65, a Collinsville starting five of Don Birger, Jack Darlington, Steve Gauen, Dennis Pace and Harry Parker defeated Quincy Senior, 55-52, in the title game after the Kahos has blown past Lawrenceville, 82-58, in the supersectionals, blitzed Lockport Central, 79-45, in the quarterfinals and downed Chicago Marshall, 76-64, in the semifinals.

Pace gained the individual scoring crown with 112 points in the four games of state and was named all-tourney with teammate Darlington to cap a 30-2 season for the Kahos.

A YEAR EARLIER Collinsville followed scoring leader Rodger Bohnenstiehl to an unbeaten regular season and No. 1 state ranking only to lose to Centralia in the supersectionals.

Pace had two points and Darlington seven in that 55-50 loss, but in '65 they ruled with Coach Vergil Fletcher and his durable starting five.

The following season Collinsville finished fifth in state rankings, a notch behind Belleville Township which brought a second consecutive state scoring title to the Southwestern Illinois area in the form of Joe Wiley.

With 129 points in four games, Wiley not only eclipsed the previous high of 121 points set by Ted Calazza of Lyons LaGrange in 1953 but also led the state tourney in rebounds with 54.

A 92-88 overtime winner Lawrenceville in the East St. Louis Sectional, the Maroons edged Joliet Central, 74-72, in the quarterfinals only to lose 65-64 to Galesburg in the semis. An 84-57 rout of Stephen Decatur clinched third place.

Harvey Thornton defeated Galesburg, 74-60, in the title game, but no team came close to the 78.7 scoring average of the Maroons of Coach Jerry Turner, whose regulars included Wiley, Bill Snellings, Sid Clemans, John Greenwood, Dennis Russell, Jim Martin and Ray Wiley.

OVERTIME: A state tourney chronology includes:

1893 - Chicago Morgan Park Academy becomes first Illinois secondary school to organize a boys basketball team.

1900 - Chicago Englewood defeats Elgin in the first known boys basketball game between Illinois high schools.

1904 - Oak Park River Forest Athletic Director Lewis Omer gets IHSAA approval to organize a state basketball tourney in which Peoria defeats Rock Island, 48-29, for the title.

1944 - Taylorville becomes first unbeaten state champion.

1946 - Segregated schools of Southern Illinois allowed to compete in state tourney.

1952 - Hebron becomes only district (small) school to win state title, first live television coverage of final game.

1958 - Chicago Marshall becomes first Chicago school to win state basketball title.

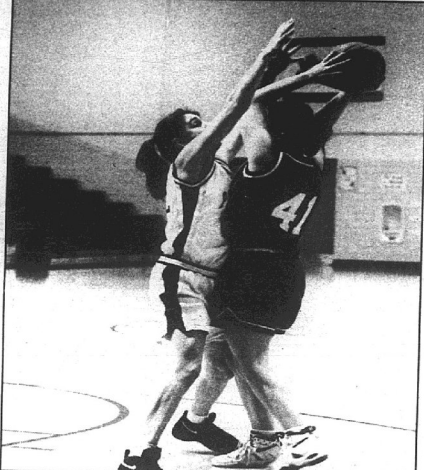
1963 - State tourney moved to Assembly Hall.

1972 - State tourney split into Class A (small schools) won by Lawrenceville; Class AA (large schools) won by Dolton Thorndike.

1975 - Chicago Catholic League teams enter state tourney for first time.

1989 - East St. Louis Lincoln gains triple overtime win to become first school to win three consecutive state championships.

1996 - After 77 years at the University of Illinois, state final moved to Peoria Civic Center.



(Staff photo by BRUCE DAYE)

Junior Carrie Simpson (right) may become a starter. Injuries could make the starting lineup a young one.

Kraus: develop and nurture young talent to grow program

By Rob Raphael
Staff writer

Chuck Kraus is only in his first year on the job, but he's already working on building the girls' basketball program at Granite City.

Kraus said he feels that early development of players, plus a year-round work program, are both vital to the growth of the program.

He said he is encouraged by the recent school board elections.

"The members of the board are all educators, and they are people that want to help the kids. I just hope that they realize how impor-

tant it would be if we could get the kids playing basketball in the fifth and sixth grades. It would make a big difference.

"Sometimes I wonder if we're really giving kids in the community enough options. I know it's true that some of them just don't have anything to do with their free time."

He said with the young Lady Warrior team he has now, there are several freshmen and sophomore girls who have shown talent but had never picked up a basketball before.

In fact, Kraus has kept 22 girls on the varsity level, although many will play in the junior (See KRAUS, Page 2B)



(Staff photo by BRUCE DAYE)

Edwardsville's Eric Ess puts the heat on Flyers quarterback Lawawn Powell.

Flyers triumph in final seconds

By Rob Raphael
Staff writer

The hottest place in the Metro East on Saturday was at Clyde Jordan Stadium in East St. Louis.

Despite the dusting of snow and a howling wind, the East St. Louis Flyers and Edwardsville Tigers put on an amazing show of football.

After Edwardsville rallied from a 13-point fourth-quarter deficit to tie the game with under four minutes left, Flyer quarterback Lawawn Powell directed his team on a clutch 78-yard drive.

With just 15 seconds remaining on the clock, Kevin Beard scored his fourth touchdown of the day on a 2-yard run, and East Side escaped with a 35-26 win in the IHSAA Class 5A quarterfinals.

In a contest rightfully billed as the high school game of the year, neither team disappointed.

"I knew it would be a good game," said East Side coach Edmund Jones. "Both teams took it upon themselves to play well, and they did. You can see why they (Edwardsville) were ranked where they

were."

"It was a game where the turning point was the final touchdown," said Edwardsville coach Tim Dougherty. "There was no way we should have been in the game. My hat's off to East St. Louis; they played a great game."

The Flyers (9-3), winners of nine straight, move on to the Class 5A semifinals, to play likely at Chicago-Mt. Carmel this Friday or Saturday. The Tigers finished their season 11-1 with the loss.

The outcome of the game was in doubt until the final seconds. After both offenses struggled in the first half, the game opened up in the second half. For a while it seemed as if neither team could stop the other.

The game was knotted at 6 at the intermission, as both teams used methodical drives to score in the second quarter. On the sixth play of the third quarter, the Flyers took a 12-6 lead when Beard, who finished with 160 yards on the day, scored from the 12-yard line.

Any momentum the Flyers had at that point was quickly snuffed out, as Collin Gardner, who rushed for 252 yards on 30

carries, took the initial handoff from Jim Dougherty and sped 60 yards for the score. Dougherty's extra point gave the Flyers their only lead of the day, 13-12, with eight minutes left in the quarter.

The Flyers scored the next 14 points. Beard again scored from 12 yards out with just under five minutes to go in the third, and the talented tailback went in from seven yards with (See FLYERS, Page 3B)

East St. Louis 32, Edwardsville 26

EDWARDSVILLE 0 6 7 13 - 26
EAST ST. LOUIS 0 6 12 14 - 32

No Scoring
First Quarter
ESL - Kevin Beard 6 run (kick failed), 10:55

Second Quarter
ESL - Kevin Beard 6 run (kick failed), 10:55

Third Quarter
ESL - Beard 12 run (pass failed), 6:42
EV - Collin Gardner 60 run (Jim Dougherty kick), 8:20

Fourth Quarter
ESL - Beard 12 run (run failed), 4:54
EV - Beard 12 run (run failed), 9:51

5:35 - Gardner 66 run (run failed), 7:35
EV - Gardner 1 run (Dougherty kick), 8:57

ESL - Beard 1 run (pass failed), 1:15

Injuries, new coach and system first GC challenges

By Rob Raphael
Staff writer

The Granite City Lady Warriors will begin their first year under head coach Chuck Kraus when they open their winter schedule Thursday night at Memorial Gymnasium.

Granite City is set to take on Mascoutah, with junior varsity action to begin at 6:15 p.m.

Kraus moves over from the eighth grade program at Grigsby. He is also an assistant football coach at the high school.

There are some high expectations for the team this season, but Kraus said he isn't making any predictions about this year's edition.

"I don't know how many games we will win. It's really up to the girls and how hard they want to work. They'll get out of it what they put into it."

I will say though, that I've never worked with such a fine group of young women before. They have been coachable, cooperative and eager to learn. It's been a joy, and it makes my job so much easier."

Kraus and the Lady Warriors are still trying to get used to each other at this

Season preview

point.
"Right now, I'm not even worried about the first few games," he said. "It's going to take a while for them to learn a different system, and I don't expect them to have it down this soon."

THE OTHER CONCERN in practice is the injuries. Several members of the potential starting lineup are banged up right now.

That includes the Lady Warriors' returning top scorer, Denise McMillan, who is troubled by shin problems, and top rebounder Stephanie Brandt, who continues to have trouble with her hip. There may even be question as to if Brandt will be able to play at all this season.

Guard Geeta Kumar is also hurting, as she has problems with both knees.
"I have to use common sense in practice," Kraus said. "I have to get them in shape, but I can't work them too hard; they just can't take it."

CERTAINLY, KRAUS is building his offense around McMillan, who averaged nearly 20 points per game in 1994-95.

"She can shoot, she can drive, and she can do just about anything," Kraus said of the senior guard. "Keeping her healthy will be the only problem. But she's not the only weapon we'll have. I know teams will try to use the box-and-one against her, but they'll (See CHALLENGE, Page 2B)



(Photo by KYLE HESTER)

Kraus is building Warrior offense around Denise McMillan.

Nothing gets past Economy, Florissant Valley's goalkeeper

By Rob Raphael
Staff writer

Another win for Florissant Valley, and another shutout for Mikla Economy.
Economy, 16, is the starting — and only — goalkeeper for the Florissant Valley College soccer team; and the team is on its way to the national tournament by virtue of their 1-0 win over Lewis & Clark College last weekend.

The teams were in McPherson, Kan. for the regional tournament, and Flo Valley defeated Hill College and Lewis & Clark to advance to the nationals, which will be held in Baltimore, Md. beginning this Thursday.

Flo Valley has surprised many this year, and a big part of it has been the goalkeeping of Economy. She is rated fifth in the nation at the junior college level with a .76 goals-against average, and last weekend's win was her eighth shutout of the season.

Flo Valley is currently 14-4, and after losing their first four games they have rallied to win 14 in a row.

"They're having a great season, and Mikla's very glad she made the decision to go there," said Michael Economy, Mikla's father.

The elder Economy said this year's team has surprised many of the so-called experts, who predicted big things for last year's team and nothing for this year's squad.

"They had rated their sophomore team as No. 1 last year, and they didn't even make it to the nationals," Economy said. "They didn't rate them at all this year, and look where they've ended up."

And in a surprising twist, Flo Valley's coach, Dan O'Keefe, is the former coach at Lewis & Clark.

"That was a little strange playing them in the regional final," O'Keefe said. "But there was no question who I wanted to win, and it was a very good win for this program."

We started off slowly this year, but once they got used to me and I got used to the players, we put everything together and got on a roll. I hope that roll doesn't stop until we've won it all."

And O'Keefe said Economy has been the difference in many games this year.

"Our defense has played well, but there have been many games, especially in the first half of the season — where Mikla had to come up with great save after great save. And she sacrifices her body, even though we're without a backup for her right now."

Michael Economy said because of work he will not be able to travel to Baltimore with his daughter, although she is due to call immediately after the game.

"I think it would be tough to drive 14 hours back and forth, but I'll be rooting for her back here. I hope they can go all the way, but even if not it's been a great year for them."

"It's really simple: We have to continue to play the way that's got us this far. Defense has to come first," O'Keefe said.



Mikla Economy

Charity Basketball benefit this Friday

The Madison Senior High School and the Madison Mill School Fellowship of Christian Athletes is sponsoring their 14th Annual Charity Basketball Game for needy families of the Madison and Venice areas.

This benefit will be held on Friday, Nov. 17 at the Madison High gymnasium from 5:45 p.m. until 10 p.m. There will be two turkeys given away at halftime as door prizes.

Last year, the event collected over 1,000 cans and over 100 food baskets were distributed. It is hoped that those numbers can be equaled or surpassed.

The admission to the game will be \$1 for students with an ID or three cans of food; and \$2 for adults or four cans of food. The school is asking that canned good donations be recently purchased and in good condition.

The canned goods collected will then be given out in baskets to needy families throughout the community.

As the number of baskets has increased in recent years, families will be asked to pick up the baskets from the Madison High cafeteria.

FCA sponsors include Vanessa Brown, William Adams, Crystal Clark and Lela Prince at the high school. Middle School sponsors include Olivia Steptoe and Al Collins. Call Mrs. Prince at 876-7010 before Nov. 17.

Challenge

(Continued from Page 1B)

be surprised. We have five girls that can score. BESIDES MCMILLAN, Brandt and Kumar, Kraus said he is leaning toward starting sophomore Tiffany Monroe and junior Carrie Simpson. That is a young lineup, with one senior, three juniors and a sophomore. But if Brandt can't play, he'll substitute Anna Tapp, another sophomore, in her spot.

"That would be a very young team there," he said. "But there is a lot of talent in this group, and they want to learn. That's half of the battle right there."

ALSO COMING OFF the bench for the Lady Warriors this season will be senior Christina Short; juniors Melissa Setzer, Tonna Druhe, Christina Greshouse, Heather Mell and Kelley Johnson; and sophomore Becky Gehling.

Interestingly, Kraus is he trying to get his girls to learn how to play the game, not just learn plays.

"We'll have a motion offense, and once they learn the system, they can just about do anything they want



Warrior Geeta Kumar. (Photo by KYLE HESTER)

with it. It's complicated simplicity.

"You have to learn the fundamentals of the system, but once you do it sets up a lot of options."

Kraus said his team will

have to think while they're on the court.

"I told the girls that we'd better out-think our opponents, because we're sure not going to out-rebound them."

Kraus

(Continued from Page 1B)

varsity games. But he said he wanted to keep them together.

"The more I keep and the more I work with them, the better we'll be."

He also said that although he wants his varsity team to win every time out, the same is not necessarily true for the junior varsity.

"JV is not just for winning, it's for learning. Everybody on the JV team who practices and works hard will play every game. There's nothing worse for a kid than to come out and practice every day and not play. And how else can you learn?"

Kraus is trying to get the team used to a new system, one he says even his assistant coaches aren't familiar with yet. Kraus is assisted this year by John Moad and Paul Macious.

"John's volunteered to coach baseball the

last couple of years, and he's paying his dues. Paul has done a great job of coaching the freshmen for us. I think they'll both do an outstanding job this year."

As far as summer programs, Kraus and the team have already begun to save up the money for a summer basketball camp in the city. The team held a successful barbecue last weekend at the Eagles Home.

"We did pretty well, and I'd like to thank the community for coming out and supporting us on a cold day. It shows the folks are willing to get involved. Also, Joe Wallace, Craig Myers and Paul Kacerda did a great job of helping out last weekend."

"I also want to thank Coach (John) Van Buskirk for working with us this year and giving his cooperation with the gym. And a special thanks to athletic director Jerry McKeehan. I don't think a lot of people realize how hard he works for the sports programs at the school."

MAC basketball signups The Mitchell Athletic Club is sponsoring basketball program sign-ups for youth this year. Sign-ups will be for boys or girls in grades 3-6 and also boys in grades 7-8.

There will be separate leagues for boys and girls, with teams grouped by grade. Third and fourth graders will play together, and fifth and sixth graders will be paired together.

Registration will be held at Gene's Barber Shop in Mitchell, one block east of Mitchell School, from 7-9:30 p.m. on the following dates: Nov. 16, 21 and 23. The registration fee is \$20 per child. Call Kevin Cripps at 931-6416, Dave Slay at 931-9080 or Larry Monroe at 797-1532.

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Sports shorts

Legacy Chili Open
The Legacy Golf Club will hold a four-player scramble Chili Open Tournament on Saturday, Nov. 18.

The cost is \$45 per player for the 18-hole event and includes golf cart, prize money and chili dinner. Participants will be flighted according to the number of teams entered.

Prizes will be awarded to the first and second-place finishers in each flight, with \$800 prize money per flight based on 20 teams. Tee times begin at 10 a.m.

The Legacy has also announced that 1996 memberships are now available, and tournaments for next year are being booked at this time.

Dairy Queen basketball
The Granite City Park District's Dairy Queen Youth Basketball program will start on Nov. 18 at the Coolidge Junior High gym. Instructions and drills will be taught by John Hutchings for the first four weeks.

After the Christmas holidays, each player will receive a T-shirt and the schedule of games will begin. The schedule will run through March 9, 1996. Registration is being taken at the Wilson Park office. The cost is \$12 for Park District residents and \$20 for non-residents.

For more information, call the Wilson Park office at 877-3059.

Pepsi Cola indoor soccer
The Pepsi Cola Indoor Soccer Holiday Classic Tournament will be held Dec. 22, 1995 through Jan. 2, 1996 at the Concord Indoor Sports Complex in St. Louis County.

All age brackets will be represented, in recreational and select levels. The tournament draws teams from the entire St. Louis metro area, including Illinois.

For more information, call John at 314-391-7227, Ron at 314-394-2029 or the Concord Sports Complex at 314-842-3153.

Thanksgiving soccer tourney
Epiphany Sports Association in St. Louis will hold a soccer tournament over Thanksgiving weekend for boys and girls CYC and recreational teams from kindergarten through sixth grade.

For an application or more information, call Tom Noser at (314) 647-0810.

Mariners tryouts
The Mariners baseball team is seeking players who will not have reached age 15 by July 1, 1996 for the 1996 baseball season. The Mariners plan to play at 20-30 game schedule, as well as a number of tournaments.

For further information, call

288-3044.

Comets basketball
The St. Louis Comets hold AAU basketball club will hold tryouts for girls born in 1985 and 1986. The tryouts are open to girls throughout the St. Louis area. For more information, call Rick at 314-837-2379 or Sue at 314-355-3590.

St. Louis Stars softball
The St. Louis Stars 18-under fastpitch softball team is seeking players for the 1996 season. Players should be interested in participating in a competitive select program.

The Stars are also looking for college-age players for its women's fastpitch team. For more information, call Hank at (314) 843-9633.

Mavericks softball
The Mavericks 18-under softball team is seeking a pitcher and a position player for the 1996 season. For more information, call (314) 845-2393.

Mathews at baseball camp
The International Athletic Foundation will be hosting a youth baseball camp Dec. 26-29 at two locations: The Ball Park in O'Fallon and Gateway Indoor Complex in St. Louis.

The cost is \$125 and includes lunch each day, a certificate and an autographed photo from St. Louis Cardinals pitcher T.J. Mathews.

Mathews, a Columbia native, will be a special instructor for two days at each site. He played on an IAF team that traveled to Mexico to compete in the Mexico Olympic Week in 1990 during his college playing days. Other instructors include Bob Hughes from St. Louis University, Ric Lessman from Washington University and Todd Whaley from Meramec Community College.

The winter camp is being followed by a camp at Easter from April 8-11, 1996 and then an eight-week camp in the summer running each week in June and July.

For more information, call

Jim Turner at (314) 645-5496.

ASA softball leagues
Kirkwood (Mo.) Athletic Association will have ASA softball leagues in 1996 for girls fastpitch teams in the 6-U, 8-U, 10-U, 12-U, 14-U, 16-U and 18-U age groups.

A 12-game scheduled will be played on Tuesdays and Thursdays with a cost of \$600 per team and no fund-raisers. Additionally, KAA will have three tournaments and each KAA league team will get a free entry into a tournament.

For more information, call Don Lecker at (314) 576-5551.

Thanksgiving tourney
The ninth annual Tournament of Champions Thanksgiving indoor soccer tournament, scheduled for Nov. 19-22 and Nov. 24-26 at The Ball Park Sports Center in O'Fallon, still has openings.

The tournament is open to any team in a recognized outdoor recreational league. The divisions are based on grades 3-8 for both boys and girls. Each team is allowed four guest players who are not sanctioned soccer players in a state association.

Each team is guaranteed three games. The fee is \$130 per team.

This year's tournament hosts are The Ball Park Sports Center, Goalbusters soccer team, SS. Peter and Paul Athletic Association of Collinsville and the Althoff High School boys soccer program.

To receive an application and further information, including advertising information, contact tournament director Bob Emig at 344-0984 or 632-1002.

RJ Krause All-Stars
The RJ Krause All-Stars Sports Club of East St. Louis is in need of basketball games and tournaments for teams in grades 3-8 for boys and girls. The club also needs sports equipment and uniforms for all sports and cheerleaders.

Contact Richard "R.J." Krause at 398-1201 or 820 N. 71st St., East St. Louis, Ill., 62203.

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(No purchase necessary to enter. See rules in today's classified section.) Sweepstakes drawing will be held at 5 p.m. on December 15, 1995. (Odds of winning are 1 in 10,000.)



Tamburizan Scholarship — Belleville Area College students Robert Taylor, left, and Emilee Bailey, both of Granite City, are the 1995-96 recipients of the Tamburizan Scholarship awarded through the Belleville Area College Foundation. Taylor plans to transfer to a four-year school and earn a degree in education upon completing his studies at BAC. Bailey plans to attend Southern Illinois University at Edwardsville and earn a degree in psychology upon completing her studies at BAC. Not pictured is Tamburizan Scholarship recipient Su Ying Chung, an adult returning student from O'Fallon.

SIUE students awarded research grants

Ten local Southern Illinois University at Edwardsville students have been awarded small grants in the first round of the Research Grants for Graduate Students (RGGS) competition. Successful applicants to the fall semester competition at SIUE from Granite City were: Brendan Baggot, biology, "The Effect of DNA Extraction Methods on RAPD-PCR"; James Scott Moss, biology, "Stage Specific Demography of *Bolitona* decurrens, a Threatened Floodplain Species." Sponsored by the graduate school, RGGS provides up to

\$500 from non-appropriated funds to support work toward graduate student research for a thesis or final project. Student proposals are reviewed by the Research Projects Advisory Board, a faculty committee of the Graduate Council. In order to obtain funding, applicants must convince reviewers of the originality, creativity, and significance of the proposed research; of the clarity and appropriateness of the research design; and of the feasibility of the project. Eligible graduate students may submit an RGGS proposal to any one of the three applica-

tion deadlines each fiscal year: Sept. 15, Feb. 1, or May 1. Program guidelines and application forms for the Feb. 1, 1996, deadline will be available after Nov. 15 from the Graduate School, department chairs, or graduate program directors.

Scaturro named Homecoming queen

A weeklong series of McKendree College Homecoming activities ended recently at the Adam's Mark Hotel in downtown St. Louis with the coronation of the king and queen. This year's queen was Tina Scaturro of Granite City. Toby Harna of Lenzburg was named king at the Homecoming dinner and dance.

Scaturro is a senior biology major at McKendree College. In addition to achieving academic honors, she has served on the Student Government Association, been elected presi-

dent of her sorority, volunteered as a student ambassador for the school's admissions office, co-directed the incoming student orientation program, been appointed to several campus committees and has represented the college at various national conferences. The queen candidates were

selected from among all the women in the senior class. All McKendree royalty were featured in the Homecoming parade and introduced at the afternoon's featured sporting event prior to the official announcement at the Adam's Mark. Scaturro plans to continue her education after graduation either in a field related to her undergraduate interest in biology or in the area of science education. She is the daughter of Robert and Donna Scaturro of Granite City.



Lambda Thetas of Kappa Delta Phi welcome 30 new members

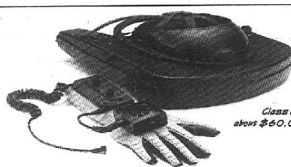
The Lambda Theta Chapter of Kappa Delta Phi Honor Society in Education welcomed 30 new member initiates at its Oct. 14 meeting, held at the Holiday Inn in Collinsville.

Among those inducted were Theresa Dawn Price, daughter of Bruce and Ann Price of Granite City, and Amy Lynn Choat, daughter of James and Nancy Choat of Granite City.

Price is a senior majoring in community health education at Southern Illinois University at Edwardsville.

Choat is a senior majoring in elementary education at SIUE.

Kappa Delta Pi regularly considers for membership the top 10 percent of the college students in teacher education programs, as well as in-service teachers, faculty and administrators.



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*Maximum income and other limitations apply, read IRS Publication 550 and Form 8815 for details.



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Sweet reward — Mitchell Elementary School recently received a color television and video cassette recorder from Kathryn Beich Inc. as a part of the company's "Partnership in Education" program. In addition to the television, the school raised more than \$20,000 for school projects. Pictured from left are Principal Greg Patton, parents Patty Smith and Teresa Copper, and Kathryn Beich Fund Raising Consultant Tom Tavalacci.

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I DARE you — Winners of the DARE Drug Free by 2000 Task Force essay and poster contest at St. Elizabeth Catholic Elementary School are, from left, Megan Francis, eighth grade, second-place poster; Katie Hatscher, fifth grade, first-place poster; and Courtney Hitt, eighth grade, second-place essay.

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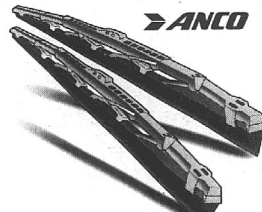
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The past presidents shared their president book and publicity scrapbook with the members. A lot of laughs and good times were shared.

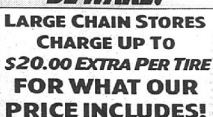
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A map showing the location of Wagner Buick GMC. The map features a grid with a diagonal line labeled "W. MAIN" and a horizontal line labeled "44th Street". A vertical line labeled "N. Belt West" intersects the horizontal line. A rectangular box labeled "WAGNER BUICK GMC" is located at the intersection of "44th Street" and "N. Belt West".

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	P215/70SR14	W/W	84
	P205/75SR15	BLK	80
	P205/70SR15	W/W	83
	P205/65SR15	BLK	80
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
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205/65HR15	73	225/50VR15	144
185/60HR13	55	205/50VR16	137
185/60HR14	59	225/50VR16	152
195/60HR14	63	P245/50ZR16	164
205/60HR14	68	P205/55ZR16	144
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Horoscope**Wednesday, Nov. 15**
Important concerns head the agenda as mentally articulate Mercury and no-nonsense Saturn connect. The extra punch comes from your sense of confidence and well-being, shown by the sun's harmonious contact with Neptune. Perceptions are accurate. Follow hunches that also make down-to-earth good sense. Love sizzles. The Leo moon urges generosity andentices friends and strangers into one another's eager arms. **ARIES** (March 21-April 19): You're revved up for action and hot to expand. Money dealings are auspicious—a relative mentor or distant ally is involved. Cook up evening fun. A challenge to your ingenuity pushes you to dig deep into your fertile mind. **TAURUS** (April 20-May 20): Luck comes through proven

relationships and sensible friends. Join forces. A community or school-based endeavor gets off the ground with help from a key civic figure. State your needs—others respond.

GEMINI (May 21-June 21): The job scene sparkles with creative brainstorming—you provide your mettle with a stroke of genius that wows colleagues. A raise or commission is ahead. Drop into a new milieu—one you meet has substance.**CANCER** (June 22-July 22): A change of scene sparks your mental verve. Create new memories—a visit to an older friend or historic site sparks a marketable idea. At home, you and your housemate value a firm commitment to one another.**LEO** (July 23-Aug. 22): Love thrills your soul and fattens your pocketbook. You and your honey cut through financial issues. A joint project or investment profits you both.**TODAY'S BIRTHDAY** (Nov. 15): 1996 is a prime year to revive your education and acquire new job skills. Exciting growth opportunities are found close to home. Pace yourself. A gutsy career maneuver enlarges your profile in August or September. Lay the groundwork for savvy investments. You're lucky in love: Seize a romantic chance around the holidays.**VIRGO** (Aug. 23-Sept. 22): Glory hounds gain sudden recognition. Singles: An underlying attraction adds a new dimension to a business tryst. Explore the possibilities—a conservative-seeming acquaintance is more accessible than he or she may seem.**LIBRA** (Sept. 23-Oct. 23): A study or research assignment links you to cash. Schmooze. Your charming style and clear intellect draw backing from a city. A fresh financial opportunity blasts you out of the doldrums at home. Refurbish your digs.**SCORPIO** (Oct. 24-Nov. 21):OPEN DAILY
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An alluring someone offers you a hot chance to make fast progress toward your worldly goals. A sun-kissed locale renews your creative verve. Making changes in your life paves the road to a fabulous surge of development.

SAGITTARIUS (Nov. 22-Dec. 21): Formalize agreements or contracts. All parties must feel secure. Without firm structure, plans lose their steam. An inspiration strikes—your insight solves a thorny issue.**CAPRICORN** (Dec. 22-Jan. 19): Fals are surprised by your new ideas. Your ability to lead wins you high marks. In business, a conservative approach wins. Overestimating potential gains disappoints your team. Credibility counts.**AQUARIUS** (Jan. 20-Feb. 18): Your brilliant breakthrough wins high-level praise. Being too self-effacing can shift the spotlight away from you. An out-of-town romantic interest provides a good reason for a trip.**PISCES** (Feb. 19-March 20): Money gains come through close allies and public goodwill. Others are easily persuaded to jump on your bandwagon. Politics gain ground. The fast social current sweeps you toward an exciting new milieu.**Collaborative
effort bridges
three plays**

"Quick Changes," McKendree College Student Theater's fall production, offers something entirely new: three short plays, all written by McKendree students.

Two of the plays also are student directed and designed. The idea began in a creative writing class taught this spring by Russ Doyle, McKendree College assistant professor of English. Doyle suggested to student theater director David Brailow, who also is a professor of English and chairman of the McKendree College Division of Language, Literature and Communication, that student scripts might be staged.

Brailow and student director Amy Bowen selected three scripts: "Novel Problem: A Novel Solution," by Miles Price; "It Happened at the Mall," by Steven Suhre and "Brother, Brother," by Michelle Green.

"It's truly a collaborative effort, a bringing together of many talents," Brailow said. Price's play is a comedy about a young writer who uses her life as material for her new novel. Suhre's is a drama about three "mall rats" who find a lost wallet, and Green's is a drama about a black family coping with the impact of gangs and drugs on their lives. Green's own family plays most of the parts in her play.

"Quick Changes" will be presented on Nov. 16, 17 and 18 at 7:30 p.m. in the Eisenhower Auditorium. Tickets are \$6, \$5 for senior citizens and \$4 for non-McKendree students. McKendree students are admitted free. Call 537-6296.

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FAMILY

Births



(Photo by SHIRLEY VALENCIA)

Pictured, front row from left, are Michelle McBride, Samantha DePew, Kala Brady, Leah Watson, Paige Maynard, John Pindolt, Edward Wilkinson and Alicia Kaleta, back row: Clabbe Briggs, Rick Dickerson, Vanessa Chomko, Kathy Lymberopoulos and Kathy Cochran.

Students get incentive to read

First-grade students at Maryville School have an extra incentive to read — morning.

As a part of the "Running Start" reading incentive program, funded by grants from Chrysler Corp., students who achieve a reading goal will be rewarded with a free book and a red "Super

Reader" cape.

But if every student in the class meets the goal of reading 21 books in 10 weeks, Kathy Lymberopoulos, a first-grade teacher, and school board member Rick Dickerson will take a pie in the face.

"The children are enthusiastic and holding the

adults to their promise," said Maryville Principal Clabbe Briggs. "In just three weeks many of these young readers have already read 21 books or more."

To kick off the program, first-grade students presented a musical exercise program to their parents Oct. 3.

Legion Auxiliary holds district meeting

The 22nd District American Legion Auxiliary held its fall meeting at the Fairmont City Post 961 Oct. 28. Hostesses were members of the East St. Louis Unit 53. Mary Murphy, 22nd District president, conducted the meeting.

During the morning session, the department caravan presented the auxiliary program. Members of the caravan are Ruby Simpson of New Berlin, department president; Audrey Atieberry of Carmi, department first vice president; and Marlene Schrader of Lincoln, department membership chairwoman.

The afternoon guests included Kenneth Lamoreaux of Collinsville, 22nd District commander; Gerald Murphy of East St. Louis Post 53, senior vice commander; and Gene Lincifolser of Highland, junior vice commander.

These gentlemen brought greetings and the information on a joint project of an outdoor shelter at the Jefferson Barracks Veterans Administration Nursing Home and the upcoming veterans' stand down in January.

Simpson, the department president, presented the Central Division National Junior Activities Award to Venice-Madison Unit 307 juniors and their adviser, Dorothy Hinson. This award was given at the national convention in Indianapolis in September.

Membership certificates were presented to all units who took 1996 dues to the department convention in July. Both Venice-Madison Unit 307 and Granite City Unit 113 received a certificate.

A collection of \$71 was given to the department president's special project, which is the plot dog foundation for guide dogs. A donation of \$63 also was given to the women's veteran memorial, to be built in Washington, D.C.

Marlene Schrader, membership chairwoman, presented awards to 15 units which had already reached last year's goal number. The district is at 81.3 percent of its membership goal.

It was announced that grandmothers are now eligible to join the auxiliary. This was approved by the American Legion at its national conven-

tion in September.

A donation of \$44.68 was taken on for the auxiliary's emergency fund, which helps needy members.

There will be a bowling fun day in February.

Joyce Purcell of Granite City, national security chairwoman, announced that a shower of items for the McDonnell U.S.O. at the airport will be held at the January meeting.

Dorothy Hinson, junior activities chairwoman, reported on the junior district meeting held Oct. 21 in Columbia. Future plans for the year also were discussed.

Those attending from Venice-Madison Unit 307 were Dorothy Hinson, Norma Hillmer, Pauline Messinger, Joyce P. tenger, Betty Wallace, Kate Buechels, Rose Cooper, Dolores Weis, Mary Hellinger, Betty Nugent, Juanita Williams, LaVera Johnson and Millie Weatherford.

Those attending from Granite City Unit 113 were Joyce Purcell, Rose Moreland, Violet Taylor, Mary Hagen and Katie Barks.

Lebanon to light up for holiday Nov. 17, 18

The community of Lebanon invites you to come take part in its Victorian Holiday Celebration — the official Lighting of the Town — on Nov. 17 and 18.

The celebration will include a lamplighter leading the community in song while walking down West St. Louis Street

lighting all of the lights and leaving the buildings in lighted silhouettes. A violin player and a handbell choir will also be featured.

Everyone is invited to dress in Victorian attire and enter the costume contests each evening. Carriage rides will be offered both days and delicious

food, including brisket, berocks and caramel apples will be available.

The celebration will take place from 5-9 p.m. on Friday and 12-9 p.m. on Saturday. Lebanon is located 25 miles east of St. Louis on Interstate 64. For more information call 618/537-8420.

Dallas
Ron and Christine Dallas of Granite City have announced the birth of their first child, a son.

Mitchell Hays was born at 6:58 p.m. Aug. 31, 1995, at Anderson Hospital in Maryville. He weighed 8 pounds.

His maternal grandparents are Marilyn and John McNew of Granite City. The paternal grandparents are Josephine and Lowell Dallas of Granite City.

Schaefer
Dale and Jeanne Schaefer of Granite City have announced the birth of their second child, a daughter.

Kirstin Jena was born at 7:03 p.m. Aug. 29, 1995, at Anderson Hospital in Maryville. She weighed 5 pounds, 2½ ounces.

Her maternal grandparents are Jim and Rosemary McGarrath of Wheaton, Mo. The paternal grandparents are Leroy and Jane Schaefer and Richard and Lucy James, all of Granite City.

Kirstin joins Jamie, 2½.

Davenport
Stacey Davenport of Granite City has announced the birth of her first child, a son.

Christian Andrew was born at 9:17 p.m. Aug. 19, 1995, at Anderson Hospital in Maryville. He weighed 5 pounds, 14 ounces.

His maternal grandparents are James and Joyce Davenport of Granite City.

Riddle

Mr. and Mrs. Roland Riddle of Granite City have announced the birth of their second child, a daughter.

Brittany Ann was born at 12:34 p.m. Aug. 30, 1995, at Anderson Hospital in Maryville. She weighed 7 pounds, 12½ ounces.

Her maternal grandparents are the late Harry and Virginia Gilmore. The paternal grandparents are Roland and Delorse Riddle of Granite City.

Brittany joins Tyler, 3.

Bierschwal
Ty and Penny Bierschwal of Granite City have announced the birth of their first child, a daughter.

Tiffany Dawn was born at 4:11 a.m. Sept. 2, 1995, at Anderson Hospital in Maryville. She weighed 7 pounds, 2 ounces.

Her maternal grandparents are Tom and Bonnie Papp of Granite City. The paternal grandparents are Dennis and Sharon Hall of Granite City.

Wolfe
Patrick and Patricia Wolfe of Granite City have announced the birth of their fourth child, a daughter.

Summer Elizabeth was born at 7:55 p.m. Sept. 4, 1995, at Anderson Hospital in Maryville. She weighed 7 pounds, 10 ounces.

Her maternal grandparents are John and Ann Maylin of Granite City and Cliff and June Oliver of Kransburg, N.J. The paternal grandparents are Rosie Wolfe of Ashbury Park, N.J.

Summer joins Ryan, 10, Patrick Jr., 5, and Jillian, 3.

Law
Peggy and Douglas Law of Granite City have announced the birth of their second child, a son.

Max Douglas was born at 3:25 a.m. Sept. 9, 1995, at Anderson Hospital in Maryville. He weighed 7 pounds, 9½ ounces.

His maternal grandparents

are Zowandafay and George Smolich of Owensville, Mo. The paternal grandparents are Bonnie and Fred Law of Granite City.

Max joins Jayne, 4.

Hensley
John and Julie Hensley of Granite City have announced the birth of their first child, a daughter.

Paige Nicole was born at 2:21 p.m. Sept. 12, 1995, at Anderson Hospital in Maryville. She weighed 8 pounds, 1 ounce.

Her maternal grandparents are Howard Pinkley and Debbie Anderson both of Granite City. The paternal grandmother is Carolyn Clearman of Granite City.

Wilson
Brian and Lorre Wilson of Granite City have announced the birth of their first child, a son.

Corbin was born at 12:38 p.m. Sept. 17, 1995, at Anderson Hospital in Maryville. He weighed 7 pounds, 2 ounces.

His maternal grandparents are David and Rebecca Thomas of Blue Eye, Mo. The paternal grandparents are Walter and Jennette Wilson of Blue Eye, Mo.

Derickson
Jeff and Cindy Derickson of St. Louis have announced the birth of their second child, a daughter.

Devon Michelle was born at 8:30 a.m. Sept. 18, 1995, at Anderson Hospital in Maryville. She weighed 7 pounds, 6 ounces.

Her maternal grandparents are Naomi Barker of Florissant and Clarence Moore of Granite City. The paternal grandparents are Rose Derickson of St. Louis.

Devon joins Toni, 8.

Hall
Mark and Sherry Hall of Granite City have announced the birth of their first child, a daughter.

Shelby Louise was born at 7:19 p.m. Sept. 25, 1995, at Anderson Hospital in Maryville. She weighed 7 pounds, 8 ounces.

Her maternal grandparents are Freddie and Kathryn Webb of Granite City. The paternal grandparents are Robert and Mona Hall of Mumfordsville, Ky.

Benda
Karen and Daniel Benda have announced the birth of their fifth child, a daughter.

Stephanie Kaye was born at 6:08 a.m. Sept. 28, 1995, at Anderson Hospital in Maryville. She weighed 6 pounds, 12 ounces.

Her maternal grandmother is Judy Wright of Granite City. The paternal grandparents are Billie Buckholz of Granite City and Robert Benda of Minnesota.

Stephanie joins Stosh, 15, Holly, 7, Sara, 6, and Vanessa, 2.

Mollett
Allen and Chrissy Mollett of Granite City have announced the birth of their first child, a son.

Christopher Allen was born at 9:05 p.m. Sept. 29, 1995, at Anderson Hospital in Maryville. He weighed 5 pounds, 12 ounces.

His maternal grandparents are Larry and Ellen Kanther of Granite City. The paternal grandparents are Gerry and Sherry Talley of Hartford, Ill.

North
Clinton and Charlene North of South Roxana have

announced the birth of their first child, a son.

Caleb Michael was born at 12:20 a.m. Aug. 23, 1995, at Anderson Hospital in Maryville. He weighed 6 pounds, 12 ounces.

His maternal grandparents are Charles and Joan McIntyre of St. Louis. The paternal grandparents are Robert North and Allene Arnold both of Granite City.

Whitmire
Monica Schuetz and Wayne Whitmire II of Granite City have announced the birth of their first child, a son.

Grant Alexander was born at 2:55 p.m. Aug. 23, 1995, at Anderson Hospital in Maryville. He weighed 6 pounds, 10 1-2 ounces.

His maternal grandparents are Mary and Michael Cardwell of Granite City. The paternal grandparents are Lois and Wayne Whitmire of O'Fallon.

Montgomery
Dana Montgomery of Collinsville has announced the birth of her first child, a daughter.

Jessica Ann was born at 3:17 p.m. Aug. 27, 1995, at Anderson Hospital in Maryville. She weighed 8 pounds, 3 ounces.

Her maternal grandparents are Alma Montgomery of Collinsville.

Daniels
Dan and Pam Daniels of Collinsville have announced the birth of their third child, a daughter.

Lauren Elizabeth was born at 7:51 p.m. Aug. 27, 1995, at Anderson Hospital in Maryville. She weighed 7 pounds, 8 ounces.

Her maternal grandparents are Diane and Ruth Rankin of Glen Carbon. The paternal grandparents are Annette Daniels of Granite City and the late Marcus Daniels.

Lauren joins Eric, 7 and Jeffrey, 4.

Evans
Harry and Gena Davis of Glen Carbon have announced the birth of their fourth child, a daughter.

Karly Jean was born at 8:19 a.m. Aug. 28, 1995, at Anderson Hospital in Maryville. She weighed 7 pounds, 7 ounces.

Her maternal grandparents are Jim and Judy Tish of Glen Carbon. The paternal grandparents are Ed and Muriel Halsey of Bethalto.

Karly joins Kristina, 11, Shawn, 4 and Lindsey, 8.

Hewlett
Kevin and Teresa Hewlett of Madison have announced the birth of their second child, a daughter.

Amber Rose was born at 3 p.m. Aug. 9, 1995, at Anderson Hospital in Maryville. She weighed 6 pounds, 11 1-2 ounces.

Her maternal grandparents are Norma Jellen of Madison and Lavern Hook of Duplo. The paternal grandparents are Edith Hewlett of Madison.

Amber joins Sierra, 4.

Preuss
Daniel and Gena Preuss of Troy have announced the birth of their second child, a son.

Justin Daniel was born at 12:08 a.m. Aug. 10, 1995, at St. Mary's Hospital in Clayton, Mo. He weighed 7 pounds, 3 ounces.

His maternal grandparents are Rose Pendleton of Granite City. The paternal grandparents are Donald Preuss of Springfield.

Justin joins Jenna, 4 1-2.

Students undertake experiment

Tommie Stimac's sixth-grade science class at St. Elizabeth School had a near "collision" (collision) with corn starch.

Students attempted to dissolve corn starch in tap water. The particles are so fine that they do not dissolve at room temperature. They remain suspended until the water evaporates or until heated.

Students have fun playing with the mixture. They first pound the mixture with their fists.

They can then slowly immerse their fingers, grab a handful and shape a putty-like, round ball. When they stop, the mixture slowly melts through their fingers.

At left, students are, from left, William Kutosky, Nathan Gaudreault and Patrick Meuren. At right, Geri Weller and her "goop."



Today's Food

Wednesday, November 15, 1995

Food & Nutrition

Wise Ways

It's nice to socialize before dinner, but don't put off the meal until it runs the risk of spoiling later fun.

INSIDE

Heart-y Bites

Smokers ring up higher chance of heart disease.

INSIDE

Blue Ribbon Cook

Layer of crusty cinnamon is the entry bite into a winning chocolate chip cookie with spicy surroundings.

INSIDE

Hometown Test Run

New line of salad dressings from local restaurants makes romaine and iceberg spoon.

INSIDE

Micro Raves

Turkey from microwave oven is successfully moist.

INSIDE

Lively Taste

Sage, the musty-smelling essence of many turkey stuffings, should be used lightly so it does not overpower a dish. Rubbed sage is less strong than leaf sage. Besides using it in stuffing, try it as a flavoring with a bit of butter over boiled and drained pearl onions, finely chopped with slightly steamed mushrooms, just a touch of it in pea or vegetable soup, or in tomato, cheese or eggplant dishes.

Source: St. Louis Herb Society Cookbook

Health & Fitness

Medicine Chest

Flu vaccine may scare away this year's unhealthy strains.

INSIDE

Fresh Picks

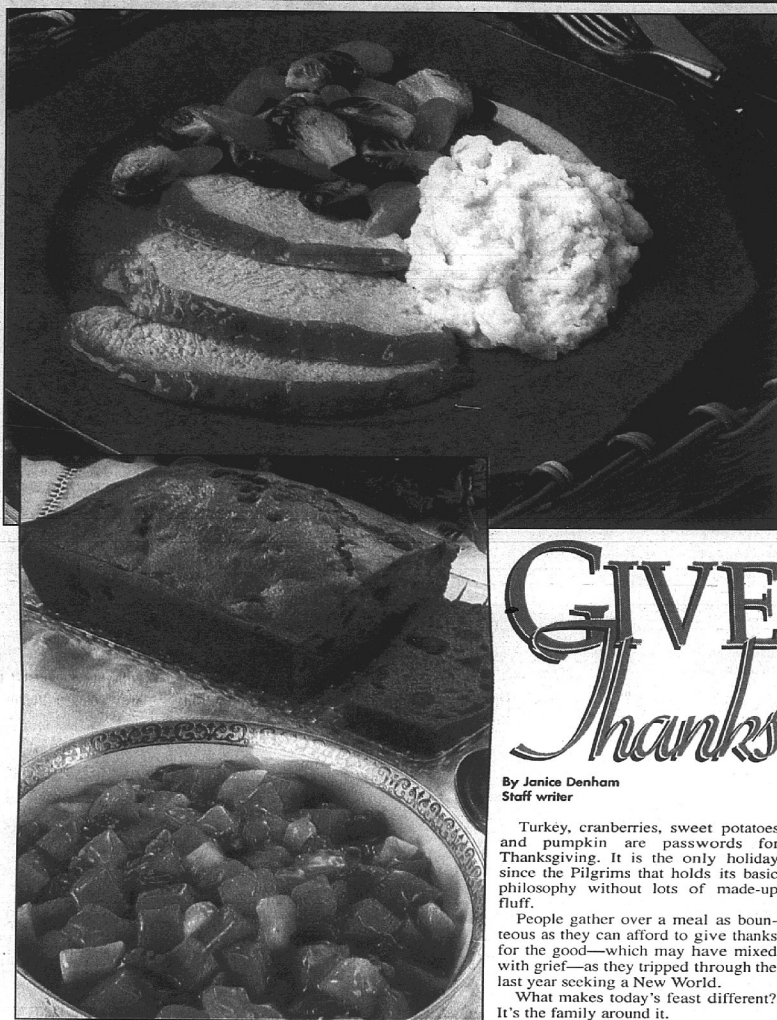
Organizing kitchen staples in advance of holidays helps streamline preparation for special events. For instance, deciding which fruits and vegetables will be stored fresh and which are easier to use when frozen is a smart buying move before Thanksgiving. Some of the best keepers — white and sweet potatoes, onions, turnips, acorn and Hubbard squash — can be stored in a cool location outside the refrigerator. 'Cool' means a temperature about 50°. Some fruits, like apples and pears, can be bought and kept until they ripen. Dried fruit — figs, dates and raisins for starters — keep for weeks.

Big Fat Tip

Early-day meal skippers are more likely to overeat throughout the day, making up for the calories — and possibly more — they didn't get at breakfast. Ready-to-eat cereal, fresh fruit and yogurt, toast, waffles or pancakes are all high-energy, low-fat choices that make sense for breakfast — or even lunch.

Future Shop

Research on Bureau of Census statistics shows that 75 percent of teenagers hold jobs. What do they buy with their wages? Food accounts for a high percentage of their money. For every \$10 a boy spends on extra food, a girl spends about \$6. Source: Trevor Steinbach of the National Dairy Council



GIVE Thanks

By Janice Denham
Staff writer

Turkey, cranberries, sweet potatoes and pumpkin are passwords for Thanksgiving. It is the only holiday since the Pilgrims that holds its basic philosophy without lots of made-up fluff.

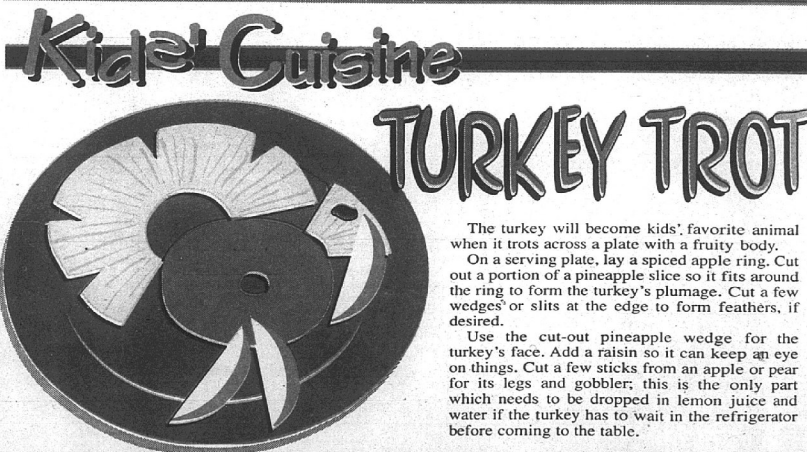
People gather over a meal as bounteous as they can afford to give thanks for the good—which may have mixed with grief—as they tripped through the last year seeking a New World.

What makes today's feast different? It's the family around it.

The classically oversized, roasted turkey may play an optimistic role on the table of today's smaller family away from the nest. Still,

SEE THANKS, INSIDE TODAY'S FOOD PAGE 2

Top: Cherry-Glazed Turkey with mashed potatoes and fresh vegetables.
Bottom: Gingerbread Loaf and Cranberry Sweet Potato Bake.



The turkey will become kids' favorite animal when it trots across a plate with a fruity body.

On a serving plate, lay a spiced apple ring. Cut out a portion of a pineapple slice so it fits around the ring to form the turkey's plumage. Cut a few wedges or slits at the edge to form feathers, if desired.

Use the cut-out pineapple wedge for the turkey's face. Add a raisin so it can keep an eye on things. Cut a few sticks from an apple or pear for its legs and gobbler; this is the only part which needs to be dropped in lemon juice and water if the turkey has to wait in the refrigerator before coming to the table.

Today's Food

Hometown Test Run

Salad dressings bring home restaurant taste

Eating in tonight? Salad dressings from Arcobasso Foods in a line of Famous Restaurants of St. Louis brings all those flavors home.

Aside from their usual price of \$2.59 to \$2.99, they have been featured specials at some supermarkets and are carried by various markets around town.

Most of the line is carried in the produce department at Dierbergs. Shop 'n Save, Schnucks and Dierbergs also shelve some down the salad dressing aisle. Sappington Farmers Market and Johnny's are among independent markets that carry them.

Suburban Journal tasters tried several varieties.

"I started with the one from Favazza's on the Hill. It reminds me happily of all the salads I've had at every pizza restaurant in St. Louis. It makes a great dressing for salad to accompany pizza or pasta, a great contrast to a creamy pasta taste," a tester said.

She like the idea of dressings from local restaurants.

"The price is OK. I don't mind spending a little extra for better dressing. It wouldn't make me go to the restaurant necessarily,

but I would buy the ones I like again."

Another tester is a fan of the line.

"I've tried many of the dressings in the famous St. Louis restaurant line. In my fridge now is Charlie Gito's (on the Hill) house dressing, which is a sweet Italian-type dressing that we really enjoy. I've used it as a marinade as well.

"Their availability encourages me to eat up at home. We can have the taste of a great restaurant without leaving home," she said.

Sydney Street's honey mustard dressing drew a lot of attention.

"The honey mustard is probably the best surprise, with a yellow mustard, not Dijon, flavor," said a taster.

One mustard lover commented he'd like it on his next hamburger.

Another ranked the Greek dressing from St. Louis Bread Co. as a favorite.

"It leaves a nice aftertaste. Nice and tangy, not overpowering. I like to eat salad separately. This would be particularly nice as a first course. A good bread would go great with it."

Chicken bakes alongside apples with rice stuffing

A meal that comes from the oven steams to the table marked for success. It can be as simple as meatloaf and a baked potato, but it attracts appetites with hearty, aromatic appeal.

This combination has family appeal as well. Well-seasoned baked chicken earns its favor from a combination of Italian salad dressing as a marinade and a covering of ginger-spiced bread crumbs.

Neither part is difficult and the baking is undented for about an hour, which gives time for steaming carrots and adding a baked potato whole or in slices.

The baked apples actually could go as a sweet portion to the main part of the meal, be served as dessert or serve on their own for lunch or a hearty snack. Rice, raisins, cranberries, apricots and pecans are part of the appeal, not to mention the aroma that comes from maple syrup, allspice and brown sugar browning with the apples.

GINGERY PEPPER BAKED CHICKEN

- 1 whole chicken, cut up, skinned, visible fat removed
- 1 bottle (8 oz.) oil-free Italian salad dressing, heated
- 1 cup dry, fine bread crumbs
- 1 tsp. ginger
- 1/2 tsp. pepper

Preheat oven to 350°. Line 9-by-15-inch baking pan with foil; spray foil with nonstick cooking spray.

Pour salad dressing over chicken.

Refrigerate, covered, at least 4 hours.

Mix together bread crumbs, ginger and pepper.

Roll each piece of chicken in mixture.

Arrange in prepared baking pan.

Bake in preheated oven 1 hour or until fork can be inserted in chicken with ease.

Makes 4 servings; 266 calories each.

Heart-y Bites

Becoming non-smoker can switch body's needs

The case against smoking continues to mount.

A smoker's risk of heart disease is more than twice that of a non-smoker's. Smoking is the biggest risk factor for sudden cardiac death. The risk of death due to heart disease increases by about 30 percent among those exposed to environmental tobacco smoke.

There is good news, too. When people stop smoking — regardless of how long or how much they smoked — their risk of heart disease declines.

Three years after stopping, the risk of death from heart disease and stroke for people who smoked a pack a day or less is almost the same as for people who never smoked. These numbers work, if smoking is stopped before the signs of heart disease appear.

A smoker who stops may or may not gain weight. Stopping smoking does not cause an automatic weight gain.

The balance of energy intake and output is really at work. Questions to ask are whether there is enough exercise in one's life or if food is becoming a substitute for cigarettes.

When a person stops smoking, the rate at which food moves through the gastro-intestinal tract may slow down, with resultant constipation. Drinking more water, eating more fiber-

laden foods and exercising more may help alleviate the problem.

Total energy needs may fall about 200 calories per day and appetite may increase. Check out snacks. It may be necessary to switch to lower-calorie snacks or physical activity may need to be increased. Going for a daily walk or increasing other physical activity is realistic, because lowering caloric intake without exercise does not reduce body fat significantly.

An effective technique for making long-term changes is keeping an exercise and food diary at least three weeks after a person stops smoking. This gives a chance to find alternative behaviors to reduce or manage weight.

Here is a filling main dish, the type of food that helps a non-smoker become and stay healthy without added body baggage.

Registered dietitian Debra Drury is a member of the American Heart Association, St. Louis Chapter.

Laclede Gas Co. will host the last monthly "I Love Eating" session of the year from 10:30 to noon today (Nov. 15). Registered dietitian Cathy Crowe of the home service department will offer sin-free desserts that satisfy the overgrown sweet tooth. For information or a last-minute reservation, call 454-4444.

By DEBRA DRURY

For this free class, call 454-HEART or toll-free (800) 255-0919. Lunch brown-baggers are welcome.

VEGETARIAN-STYLE CHILI

- 1 cup chopped onion (2 medium onions)
- 4 cloves garlic, minced
- 2 cups vegetable stock
- 1 can (15 oz.) whole tomatoes, cut up
- 1 can (6 oz.) tomato paste
- 3 tbsp. chili powder
- 1 tsp. vinegar (cider or red wine)
- 1 tsp. cumin
- 1/2 tsp. coriander
- 1/2 tsp. oregano
- 1/4 tsp. freshly ground black pepper
- 3 dried whole red peppers
- 2 cans (16 oz. each) red or kidney beans, drained

In 4-quart saucepan, simmer onion and garlic in 3 tablespoons stock until translucent.

Add remaining stock, tomatoes with juice, tomato paste, chili powder, vinegar, cumin, coriander, oregano, ground and whole peppers. Simmer 45 minutes.

Add beans. Simmer 15 minutes longer.

Yields eight (1-cup) servings; 1 g fat, 179 calories and 12 g dietary fiber each.

Cinnamon cookie hides chocolate

Katherine Dunn, South St. Louis County, is the winner of this week's recipe contest for Cinnamon Puffs. She wins a prize of dinner certificates from The Pasta House Co.

One recipe per household can be sent to: Drink and Dip Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

As usual, if there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will be used as a basis for selecting winners.

CINNAMON PUFFS

- 2 cups flour
- 1 tsp. baking powder
- 1/2 cup sugar
- 5 tsp. cinnamon
- 1/2 cup butter, softened
- 1/2 cup shortening
- 1 egg, separated
- 1 tsp. grated orange rind
- 1 pkg. (6 oz.) chocolate chips
- 1/2 cup chopped nuts

Preheat oven to 350°. Grease cookie sheets.

Sift together flour, baking powder, 1 cup sugar and 3 teaspoons cinnamon. Add butter, shortening, egg yolk and orange rind. Mix well. Stir in chocolate chips and nuts. It may help to mix by hand to incorporate all ingredients.

Slightly beat egg white. In separate bowl, combine remaining 1/2 cup sugar and 2 teaspoons cinnamon.

Shape batter into 1-inch balls. Dip each ball in egg white, then roll in cinnamon-sugar.

Place on prepared cookie sheets. Bake in preheated oven 15 to 20 minutes.

Flavor, juiciness mark turkey's success

Everyone who bakes a small to medium turkey for Thanksgiving should try microwaving it. I'm convinced it is the ticket.

Of course, it helps to remember a microwave oven is designed to cook a small amount of food. Turkeys less than 15 pounds will do well, less than 10 pounds even better.

Turkey breasts and roasts are ideal. Anything larger requires moving it around in a large microwave oven to ensure it is cooked thoroughly.

The turkey should be defrosted fully before cooking. The microwave is an excellent place to defrost frozen birds. First, shield the legs and neck with aluminum foil, making sure the foil is at least one inch away from oven walls.

Place bird breast-side down in a large dish and

defrost 3 1/2 to 5 1/2 minutes per pound at medium (50 percent) power or 6 to 8 minutes per pound at defrost (30 percent) power.

Turn the bird breast-side up after one-fourth the defrosting time has elapsed. Rotate the bird after half the defrosting time. Continue to turn, rotate and shield as needed. Let bird stand 20 to 30 minutes in cool water after microwaving time has elapsed.

Never allow poultry — cooked or uncooked — to sit at room temperature more than 2 hours.

Using a browning agent — such as paprika, Micro-Shake, Kitchen Bouquet or Gravy Maker — enhances the skin color, because microwave cooking does not dry, brown and crisp the turkey's skin. Again, anything that

sticks out or up — such as legs, wings, tail or a high breast — can be shielded with small pieces of aluminum foil. The foil should be smooth and at least 1 inch from the oven walls.

In today's world where salmonella hides undetected, it is probably safest to tuck an onion and a couple sticks of celery into a bird with an interior to stuff. They lend flavor to the turkey, but can be tossed away without regret after cooking. If stuffing is required, cook it first, then add it while hot to the turkey. It will not affect timing much this way.

Start the bird on high power 10 minutes. Reduce power to medium (50 percent) and cook it 12 to 15 minutes per pound, 10 to 12 minutes per pound for breast only. Turn and rotate the bird 3 or 4 times

during cooking.

If using a microwave thermometer, it should read 175° and the leg should move easily at the hip when done. Pop-up indicators generally pop up during the standing time because the bird continues to cook. Let it stand tented with foil 20 to 30 minutes before carving.

Edges of the bird brown and become firmer by finishing it in a conventional oven. Just cook the turkey as directed above until almost completely done. At that point, transfer the bird to a 325° oven and roast about 30 minutes longer. Let it stand another 30 minutes before carving.

Home economist Kathy Hanewinkel specializes in microwave cooking.

Thanks

Continued from page 1C. fowl's bargain prices and a preview of memories-to-come may cast it in its plump part.

Yet a smaller bird can be a boon. It is similar to its big brother in taste and easy preparation, but it takes hours, not days, to thaw, can be served with or without gravy and provides fewer leftovers.

Cranberries join sweet potatoes in a sweet "spicy medley. Gingerbread stages a return on the holiday table, too.

With a smaller table comes simple accents. A giant pottery bowl holds shiny red apples or a variety of gourds. A pumpkin or squash can be cooked just long enough to soften it, then hollowed out to serve squash or soup.

Pitchers are ready for a mixture of cranberry and another juice, or hold a load of sunflowers and chrysanthemums for a harvest-colored glow.

No matter what size bird is chosen, there are a few rules:

• The turkey should be

completely thawed in the refrigerator — not at room temperature — or by covering with cold water and changing water every half hour.

• Spreading 1 to 2 tablespoons oil on the breast or all over a bird before roasting keeps the bird moist, rather than basting it and lowering the oven temperature every 15 minutes for moistness.

• Bake on a rack in a shallow pan in a 325° oven. Allow 12 to 16 minutes per pound for birds 16 pounds and up, 15 to 20 minutes per pound if the turkey weighs less than 16 pounds. Once done, a whole bird should be left alone out of the oven 20 to 30 minutes, 15 minutes if it is only a section, so it is easier to carve.

• Dressing baked in a pan outside a turkey is a delicious way to savor stuffing without risking it not being thoroughly cooked, a greater possibility when the bird weighs more than 14 pounds. Tuck some onion, celery and carrot in its main cavity for flavor and

discard it after baking.

• To avoid burning any exposed part of a turkey, shield it loosely with aluminum foil, then remove the foil the last 20 or 30 minutes so edges crisp and brown.

Here are ideas to give thanks for a smaller turkey. First, serve the turkey with mashed potatoes and vegetables. Halve the Brussels sprouts or slit whole ones with an X in their base before cooking. Steaming brings a colorful glow to carrots and broccoli.

Add cranberries to sweet potatoes, to brown and wild rice and onions with a couple teaspoons brown sugar or combine 1 can (8 ounces) jellied cranberry sauce (melted) with 1/4 cup maple syrup and use it liberally on roasting turkey.

CHERRY-GLAZED TURKEY WITH MASHED POTATOES

- 1 bone-in (2 1/2 lb.) turkey breast half
- 1/2 cup cherry preserves

- 1 tbsp. red wine vinegar
- 4 cups uncooked instant mashed potatoes
- 1 1/4 cups milk

Preheat oven to 325°.

In shallow roasting pan, place turkey on rack. Bake in preheated oven 1 to 1 1/2 hours until meat thermometer inserted in thickest part of breast 170°.

In small bowl, combine preserves and vinegar. Brush on breast 30 minutes before turkey is done.

Remove turkey from oven. Let stand 15 minutes. Combine mashed potatoes with milk. Cook in microwave oven, uncovered, 11 to 12 minutes, stirring halfway through heating. Let stand 1 to 2 minutes. Stir.

Serve with sliced turkey and vegetables.

GINGERBREAD LOAF

- 2 cups flour
- 1/4 cup sugar
- 2 tsp. baking powder
- 1 1/2 tsp. ginger
- 1 1/2 tsp. cinnamon
- 1 tsp. baking soda
- 1/2 tsp. salt

- 1/4 tsp. nutmeg
- 1/4 tsp. cloves
- 1/2 cup molasses
- 1/2 cup milk
- 1/4 cup oil
- 2 eggs
- 1 tsp. vanilla
- 1 1/2 cups fresh or frozen cranberries

Preheat oven to 325°. Grease 9-by-5-inch loaf pan.

In medium bowl, combine flour, sugar, baking powder, ginger, cinnamon, baking soda, salt, nutmeg and cloves.

In separate bowl, combine molasses and milk. Add oil, eggs and vanilla. Mix liquids with dry ingredients until just moist. Stir in cranberries.

Pour batter into prepared pan. Bake in preheated oven 65 to 75 minutes until solid in center.

Cool 5 minutes on wire rack.

CRANBERRY SWEET POTATO BAKE

- 1 1/2 lb. sweet potatoes, peeled, cut in 1/2 inch

- cubes
- 1 cup fresh or frozen cranberries
- 1 large apple, peeled, cut in 1/2 inch cubes
- 1/2 cup raisins
- 1/4 cup (1/2 stick) butter or margarine, melted
- 1 cup sugar
- 1/4 tsp. cinnamon
- 1/2 tsp. nutmeg
- 1/2 cup apple juice
- 1/2 cup pecan halves, toasted

Preheat oven to 350°.

In large bowl, combine sweet potatoes, cranberries, apple and raisins. Combine butter, sugar, cinnamon and nutmeg in separate bowl. Toss with sweet potato mixture until coated.

Place in shallow 2-quart casserole dish. Pour apple juice over top. Bake, covered, stirring occasionally, 50 minutes or until potatoes are almost soft.

Stir in pecans. Cook, uncovered, 10 minutes or until potato is tender.

Today's Food

Wise Ways

By CAROL SCHLITT

Common sense goes with dish to holiday meals

Holiday get-togethers are the stuff of memories. When you look back at 1995, be sure it's not "that year when we all got sick from the food."

The holiday season brings an increased risk of food poisoning. Traditional holiday foods like turkey, egg-nog and stuffing are not more prone to going bad. The reason is simpler.

During buffet-style dinners food often is left at room temperature too long while everyone enjoys leisurely conversation. Not only the host's food is at risk, but dishes often are brought by guests and sit

around someone else's kitchen until serving time.

The old standby reminder, "Keep hot foods hot and cold foods cold," easily can fall by the wayside when people have a good time. If food is not kept adequately hot or cold, all this sitting and waiting provides ideal conditions for the growth of bacteria that lead to food-borne illness.

Here are some tips for serving food at holiday gatherings:

- When replenishing a serving bowl, use a clean one filled with piping-hot food. Remove original dishes and throw away any

food left in them. Never replenish fresh food in a bowl already used.

- When making egg-nog and other favorite recipes that use raw eggs, substitute commercially pasteurized egg mixes or yolk-free egg products found in the refrigerated or frozen case of the supermarket. Another strategy is to modify recipes so they start with a cooked-egg base. This involves heating the egg mixture until it reaches 160° or until it coats a metal spoon.

- It is tempting to cook meats and pasta dishes partially ahead of time,

then finish cooking them later. Don't do it. Bacteria is just warmed to temperatures where they can grow. Cook food until it is done, then cool it quickly in a refrigerator or freezer.

- If serving pies topped with meringue, bake the meringue at 350° at least 15 minutes, contrary to what many cookbooks suggest. The U.S. Department of Agriculture recommends baking meringue at a lower oven temperature for a longer period of time to safeguard against salmonella, a bacteria that causes food-borne illness. Pasteurized meringue powder, available

with cake decorating supplies in many stores, is even safer.

This egg-nog recipe is not only safe, because it contains pasteurized egg product, but also is low in fat.

Certified Home Economist Carol Schlitt is nutrition and wellness educator with the University of Illinois Cooperative Extension Service at the Edwardsville Extension Center.

product
 1/2 cup sugar
 1 tsp. vanilla
 1/4 cup rum
 Ground nutmeg for garnish

In large saucepan, combine milk, egg product and sugar. Over medium heat, cook, stirring constantly, until thickened. Remove from heat. Stir in vanilla. Cover. Chill.

When ready to serve, stir in rum. Sprinkle with nutmeg.

Yields 6 servings; 200 calories, 2 g fat.

LOW-FAT EGGNOG

5 cups skim milk
 1 cup yolk-free egg

Stuffing dresses up meal of fowl

Stuffing made with cornbread is a favorite.

Prepared in a microwave oven, it can come to the table in about 20 minutes.

Savory stuffing made outside a bird opens up dinner possibilities. It goes with any kind of fowl, meat or seafood any night of the week.

These cornbread recipes have taste appeal and easy one-dish preparation. They use cornmeal instead of baked cornbread to facilitate convenience.

Savory and lightly sweet Harvest Pumpkin Dressing boasts a festive flavor combination of corn, pumpkin, pecans, cinnamon, brown sugar and bacon. With microwave speed and convenience, it can be part of a week-night meal.

Neptune Stuffing complements poultry or seafood. A creative blend of cornmeal, stuffing, celery, onion and a cook's choice of shrimp or oysters, it is company-special, yet easy to make.

HARVEST PUMPKIN DRESSING

7 slices (about 6 oz.)
 bacon, cut in 1/2 inch pieces
 3 cups toasted bread cubes
 1/2 cups milk
 1 cup cornmeal
 1 cup chopped pecans
 1/2 cup flour
 1/2 cup firmly packed brown sugar
 1 egg, slightly beaten
 1 tsp. baking powder
 1 tsp. cinnamon
 1/4 tsp. salt, if desired
 1 can (16 oz.) pumpkin

In 3-quart microwave-safe casserole, microwave bacon on high power 6 minutes or until cooked, stirring after 3 minutes. Drain, reserving 1/4 cup drippings. Combine reserved drippings and bacon, bread, milk, cornmeal, pecans, flour, brown sugar, egg, baking powder, cinnamon

and salt. Mix well. Microwave on high 8 minutes or until surface appears dry. Fold in pumpkin. Microwave 2 minutes longer or until desired moistness.

Stir before serving. Serve with pork or poultry.

Makes 8 servings; 400 calories, 49 g carbohydrate, 9 g protein, 20 g fat, 40 mg cholesterol, 380 mg sodium and 3 g dietary fiber each.

RECIPE: To reheat: 1 cup dressing, microwave in 2-cup microwave-safe bowl, covered, on high power about 1 minute or until heated through.

NEPTUNE STUFFING

1/2 cup chopped celery
 1/2 cup chopped onion
 1/2 cup (1 stick) margarine
 2 1/2 cups water
 2 cups medium shrimp, peeled and deveined, or 1 lb. whole oysters, shucked (see Note)
 1 pkg. (7 oz.) cubed

herbed stuffing mix
 1 cup cornmeal
 1 cup flour
 1 egg
 1 tsp. baking powder
 1/4 tsp. salt, if desired

In 3-quart microwave-safe casserole, microwave celery, onion and margarine on high power 3 minutes or until vegetables are tender-crisp.

Add water, seafood, stuffing mix, cornmeal, flour, egg, baking powder and salt. Mix well. Microwave on high 8 to 10 minutes until desired moistness, stirring every 4 minutes. Serve with poultry or seafood, if desired.

Makes 8 servings; 400 calories, 48 g carbohydrate, 18 g protein, 14 g fat, 110 mg cholesterol, 750 mg sodium and 1 g dietary fiber each.

Note: Two (6- or 8-ounce) cans shrimp or oysters can be substituted for fresh seafood. Add water to canned liquid to equal 2 1/2 cups.

Enjoy flavors of Caribbean on Journal cruise

Cruising the southern Caribbean aboard Celebrity Cruises' Zenith will be an adventure for guests on the Journal Cooking Cruise, beginning March 16 in San Juan, Puerto Rico.

Not only will there be the usual array of spectacular meals over the seven-night cruise to St. Thomas, St. John, Guadeloupe, Grenada, Aruba and Caracas, Venezuela, but there will be special food and eating events with Journal food editor Janice Denham.

The French tradition of hospitality under Michel Roux, the line's master chef, will star as well. Altair Travel is making arrangements for those booking passage.

Special events of food interest include a tour of the galley to see how the professionals work "on the road," a cooking demonstration and a wine tasting just for Journal tourists and sailors.

Roux is known for his colorful food presentations that bring the exotic and the familiar to a delicious, bountiful climax on the high sea.

As a prelude to the trip,

try his Chilled Apple Soup, which sets a tasty prelude to any meal.

For information about spending nights and days with the Caribbean for a spectacular backdrop, call Altair, 919-3500 or toll-free (800) 844-5598. Prices, including air fare from St. Louis to San Juan, begin at \$1,148 per person.

CHILLED APPLE SOUP

2 cups apple juice
 2 apples, quartered, peeled, cored
 1/2 cup sour cream
 Small wedge of lemon
 1 tsp. lemon juice
 1 piece (1 inch) cinnamon stick

In heavy pan, combine apple juice, apple, lemon and cinnamon stick. Bring to boil. Boil 2 minutes.

In blender, process until smooth. Refrigerate to cool. Whisk in sour cream and lemon juice. Chill well before serving. Makes 4 servings.

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Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-3000.

This calendar runs in every Wednesday's Journal.

Wednesday, Nov. 15

Granite City Business and Professional Women, meeting at Jerry's Cafeteria. Dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 452-5391 or 451-6914.

Singles Connection will have an evening on the Alton Belle. Meet at 7 p.m. on the dock for dinner and then the 9 p.m. cruise. Call Kevin at 656-3364 for more information.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 19th St., in Granite City. Call 876-7816 for more information.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

At-Ann, 7:15 p.m. Gateway Foundation, 1909 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Collinsville Area Recreation District in conjunction with the Boots and Slippers Square Dance Club will sponsor square dance lessons from 7 to 9 p.m. at Lanham, 2200 Vandavia St., Collinsville. The cost is \$2.50 per person. For session for information, call 344-4636 or 344-4183, or contact CARD at 346-7529.

Divorced and Separated Group Ministry, 7-8:30 p.m., Eden United Church of Christ,

903 Second Street, Edwardsville, 656-9268.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 50 Northgate Industrial Drive, Granite City. For people who want to know what causes stress, how it affects their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Madison Community Action Group, meets at 7 p.m. For more information call Dan at 452-2336 or Diane at 876-1360.

Thursday, Nov. 16

Alzheimer's Support Group meets from 6:30 to 8 p.m. in the President's Room, inside Bonaventure's Cafeteria, on the ground floor of St. Elizabeth Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of care-givers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3018 for more information.

Lions Club of Pontoon Beach meets at 6:30 p.m. at the Lions Den, 3501 Lake Drive in Pontoon Beach. Anyone interested in helping the visual or hearing impaired are welcome. Call Bob at 797-0747 for more information.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Acre Seniors of Madison meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m. Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2363, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

At-Ann, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 338-9409.

Overeaters Anonymous, 7:30 p.m. at First Christian Church, 2415 N. 89th St., Caseyville. For information, call 1 (314) 638-7821.

Granite City Community Band rehearsals, 7:30 to 9 p.m. St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

Friday, Nov. 17

At-Ann meets at 8 p.m. in the Miloski Room in the basement at St. Elizabeth Medical

Center. Call 463-2429 for more information.

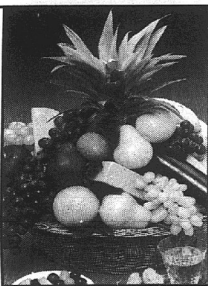
Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinochle Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascall Hall, St. Elizabeth (See CALENDAR, Page 5C)

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HONEYUCKLE TURKEYS 89¢ LB. GRADE A 10-22 LB. **FRESH TURKEYS** 79¢ LB. **FRESH HO-MADE TURKEYS** \$1.19 LB. **COOKED TURKEYS** \$1.69

USDA CHOICE CHUCK ROAST \$1.29 LB. CENTER CUT \$1.59

USDA CHOICE ARM ROAST \$2.29 LB. **ENGLISH CUT** \$2.98 LB. ROAST

41# FREEZER SPECIAL
\$64.95 Average \$1.58 Per Pound -
5 lbs. QUARTER LOIN CHOPS
4 lbs. SIRLOIN STEAK
5 lbs. BEEF ROAST (Arm or Chuck)
10 lbs GROUND BEEF (1-2 lb pkg)
4 lbs. PORK STEAK
5 lbs. BULK or 3 lbs LINK SAUSAGE (Plain, Garlic or Italian)
2 lbs. BACON
6 lbs. FRYERS (Cut Up)

SOUP SPECIALS
BEEF SHANKS \$1.49 LB.
NECK BONES 79¢ LB.
SHORT RIBS \$1.69 LB.

7-UP 2 LITER 99¢

Calendar

(Continued from Page 4C)
 Medical Center. Call 798-3604 for more information.
Saturday, Nov. 18 Madison County Humane Society will host an Adopt-A-Pet Day from noon to 4 p.m. at the PetMart in O'Fallon.
Obsessive/Compulsive Disorder Support Group, meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Ballas Road, 10 a.m. Meeting is

free and open to OCD patients, family and friends. For information call 1 (314) 843-3578.
Singles Connection will have a bowl at 7 p.m. at the University Center at Southern Illinois University at Edwardsville. Call Kevin at 656-3364 for more information.
Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.
Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave.,

463-2429.
Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.
Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

Sunday, Nov. 19

Midwestern United States Innersh Dance Club (MUSIC) will hold its regular meeting at 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmembers and \$2 for members. For more information, call 463-2405.

The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open and the public is invited. Singles Connection will have dinner at the Spaghetti Factory on the Landing. Meet at 3:30 p.m. at the Collinsville Kmart. Call Sandy at 344-1393 for more information.

Craft Shows and Flea Market will be held from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 756-2513.
Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.
Narcotics Anonymous, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, PASCAL Hall, main floor, Granite City, 1 (800) 307-6600.
Eagles Auxiliary, 1126 Bingso, 1 p.m. at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffish items.
Overeaters Anonymous, meets at 2 p.m. in the Wiesman Room, first floor, St. Elizabeth Medical Center in Granite City.

Band Parents Association of Granite City High School, 3101 Madison Ave., 451-5808, 7 p.m. Knights of Columbus, 2902 Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

Lupus Erythematosus Support Group, sub-chapter of Illinois Lupus Foundation, 7:30 p.m., Memorial Hospital auditorium, Belleville, 233-7750, extension 5880.

Singles Connection will play volleyball at 6:30 p.m. at the YMCA, Esic Drive in Edwardsville. There is a \$3 fee for three hours of play. Call Frank at 878-4315 for more information.
Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call

Monday, Nov. 20

Disabled American Veterans Chapter 53, 1417 19th St., Granite City, 876-7816, 8 p.m.
Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

First Place, a Christ-centered nutrition program, meets from 8 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Center. Call 692-2197 for details.

TOPS 2048 (Take Off Pounds Sensibly), 8 p.m., Melvin Price Support Center in Granite City, 876-2124.

TOPS IL 645, 7 p.m., Anchor-Age Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome. For more information, call 463-2429.

Wal-Mart Senior Citizens, bingo, 7:30 to 8:30 a.m.

Tuesday, Nov. 21

Band Parents Association of Granite City High School, 3101 Madison Ave., 451-5808, 7 p.m.

Knights of Columbus, 4th Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

Lupus Erythematosus Support Group, sub-chapter of Illinois Lupus Foundation, 7:30 p.m., Memorial Hospital auditorium, Belleville, 233-7750, extension 5880.

Singles Connection will play volleyball at 6:30 p.m. at the YMCA, Esic Drive in Edwardsville. There is a \$3 fee for three hours of play. Call Frank at 878-4315 for more information.
Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call

777-7517 or (314) 776-4929.

TOPS 1609, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St., call 797-2724 for more information. Men and women are welcome to attend.

Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

Al-Anon, 8 p.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Al-Anon, 8 p.m., Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City, 463-2429.

Alateen and PreAlateen Program for 12 to 17 age group, and preteen for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information, call 463-2429.

The Blood of the Lamb prayer and bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 868-1865.

The Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 66th Street in Belleville. For more information, call 234-0291.

Granite City Kiwanis meet at Shoney's at 7:30 a.m.

Narcotics Anonymous, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

School of Metaphysics, 7:30 to 10:30 p.m., 9459 Roslan Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 429-0076.

Madison Homemakers meet

The Southwest District of Madison County Homemakers Extension Association met at Hope Lutheran Church Nov. 1. This meeting was hosted by the Granite City Unit.

Ladies in attendance from the Granite City Unit were Mary Evalyne Yenchio, district president; Florence Stokes; Florence Hagnauer; Ann Pates; Mary Thebaud; Vincine Zerlan; Sophia Thomas; Clella Schreiber; Nina Dittman; LaNell Esseg; Ann Knopka; Betty Weston and Ann Miller.

Before the meeting opened, Bryan Padgett from Senior Health Insurance Program, gave a talk on Medicare, Medicaid Supplement and long-term care insurance.

The meeting was then opened by Yenchio. The Pledge of Allegiance was recited by all. The secretary's minutes of the last district meeting and the treasurer's report were given and approved.

There were 27 ladies present: 13 from Granite City, six from Creative Women Unit and eight from Trio Unit. The Trio Unit won the attendance prize.

Gen Hill, first vice president, talked about membership and the need for new members.

There was a nomination for the offices of president and secretary of the district. Gloria Haerer was nominated as president and Emma Jakich was nominated as secretary. These two officers will be installed at the May 1996 district meeting, which will be hosted by the Creative Women Unit.

POSTAL NOTES

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The 32¢ first class stamp you stick on an envelope imposes an obligation on the U.S. Postal Service to get your letter from wherever you are to wherever it's going, whatever it takes. To fulfill this mission "to provide uniform service throughout the nation," occasionally it takes quite a lot.

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On the other hand, through high-tech equipment and automation, the USPS continues to have one of the lowest-cost rates for first-class mail of any industrialized nation in the world.

And with the USPS you can count on getting the same service everywhere, from our biggest office (the one in Manhattan) to our smallest, the 61 square foot office at Ochoppe, Florida.

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FEELING FIT

By Mark

Liberpoulos
 Shall we dance? A vigorous polka burns up 8 calories a minute, if you weigh about 150 to 135 pounds, 10 calories a minute if you weigh in at 175.

If you're watching your intake, choose low-fat or no-fat yogurt. Flavored yogurt has about 5 1/2 teaspoons of sugar, fruit flavors up to 7 teaspoons.

Even cancer patients benefit from exercise. The Journal Physician and Sportsmedicine says it improves morale and reduces stress levels.

Anthropologists are reconstructing the diet of the caveman: lots of wild fruits and plants that were high in vitamins, fiber and even calcium, plus low-fat wild game. Adds up to 34 percent protein, 45 percent carbohydrates, and 21 percent fat — a good goal for today.

In case you wondered: Kissing burns off about 10 calories a minute.
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Washer & Dryer \$19⁹⁵ per week

(\$19.95 per week for 52 weeks=\$1037.40)

Bedrooms from \$16⁹⁵ per week

(\$16.95 per week for 52 weeks=\$881.40)

Livingrooms from \$16⁹⁵ per week

(\$16.95 per week for 52 weeks=\$881.40)

Refrigerators from \$14⁹⁵ per week

(\$14.95 per week for 52 weeks=\$777.40)

Upcoming
 Health
 and
 Wellness
 Programs

■ **SKIN CANCER SCREENING**, Tuesday, November 21, by appointment. Examinations will be conducted by Dr. Amorn Salyapongse, plastic surgeon, and Dr. Steven Musick, dermatologist. Call extension 1575 to register for this free skin cancer screening.

■ **SENIOR HEALTH FOCUS "COPING WITH THE WINTER BLUES"**, Tuesday, December 12, 2 - 3 p.m. The hospital's Behavioral Healthcare Services director, Richard Avdoian, MS, MSW, will discuss helpful techniques to cope with the "winter blues." Sponsored by Unity Advantage, the hospital's program for seniors. Call extension 1575 to register.

To register call 234-2120 and the extension shown above.



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Births

Andrew Tojo
Larry and Debbie Tojo of Edwardsville have announced the birth of their second child, a son.

Andrew Kyle Tojo was born at 9:40 p.m. Sept. 6, 1995, at Barnes Hospital in St. Louis and weighed 5 pounds, 8 ounces.

Maternal grandmother is Thelma Phelps of Granite City. Paternal grandparents are Harold and Bertha Tojo of Belleville.

Andrew joins Zachary, 2.

Deria Maple

Derek and Melba Maple of Venice have announced the birth of their fourth child, a daughter.

Deria Rajene Maple was born at 8:07 p.m. Aug. 21, 1995, at St. Elizabeth Medical Center and weighed 6 pounds, 7 ounces.

The mother is the former Melba Cotton.

Maternal grandparents are the late Anderson and Etta Cotton. Paternal grandparents are Mary Maple of Madison and the late Clara Maple.

Deria joins Dherusa, 18; James, 17; and Danielle, 14.

Hannah Kipp

Jim and Paula Kim of Staunton have announced the birth of their first child, a daughter.

Hannah Rose was born at 6:04 a.m. Aug. 21, 1995, at Anderson Hospital in Maryville. She weighed 8 pounds, 6 ounces.

Her maternal grandparents are Udell and Norma Meyer of Edwardsville. The paternal grandparents are Virgil and Emma Kipp of Edwardsville.

Jeremiah Bogard

William and Pamela Bogard of Granite City have announced the birth of their third child, a son.

Jeremiah Blaine was born at 8:50 p.m. Aug. 21, 1995, at Anderson Hospital in Maryville. He weighed 7 pounds, 9 1/2 ounces.

His maternal grandparents are Helen and Richard Wagner of Belleville and Gerald Grimes of Lufkin, TX. The paternal grandparents are Richard and Hazel Bogard of Granite City.

Jeremiah joins Breanna, 8 and Matthew, 6.

Magna 55 to see sights and lights

Lucille Martin covers the Pontoon Beach scene for the Press-Record/Journal. She can be contacted at 833-9731.

Vacationing
T.J. and Ryan Davis have returned home from Dallas, Texas, where they participated in the PAL National Boxing Tournament quarter finals. They were accompanied by their parents, coach Terry and Donna Davis.

Coach Davis teaches boxing lessons from 6 to 8 p.m. Monday through Thursday at the Hard Body Gym, located at 3692 Illinois 111. The lessons are free.

During next year, the tournaments will be held in February in Colorado Springs, Colo. The Hard Body Gym also has classes for various sports during the evening hours. If interested, call 983-8714.

Pontoon Baptist
A Thanksgiving Singing will be held Saturday, Nov. 18, at Pontoon Baptist Church, 4000 Illinois 111. This is a time for family and friends to get together and celebrate God's goodness.



Lucille Martin

The Madison County Baptist Church will be joining together and singing and praising God through special music.

A Thanksgiving dinner will be prepared by the ladies of the church. Turkeys are to be donated by participating churches.

Bettis Birth
Lonnie Bettis and Carman Kennedy are announcing the birth of their first child, a son. Aaron Tyler Bettis was born Oct. 29, 1995, at Anderson Hospital in Maryville and weighed seven pounds, 11 ounces. He was 20 1/2 inches long.

Maternal grandparents are Carroll and Patricia Gates of Granite City. Paternal grandparents are Lonnie and Melodie Bettis of Pontoon Beach.

Club Magna 55
Club Magna 55 friends will be visiting holiday decorations and lighting displays on Monday, Nov. 27, and Tuesday, Nov. 28.

The Old Courthouse in St. Louis will be decorated. Each gallery will be decorated for a different era, spanning from the late 1700s to the present time. A 96-foot tree will be in the Rotunda.

Dinner at Old Country Buffet will be enjoyed.

The group will then go to Bonne Terre, Mo., for the Midwest's largest drive-through lighting display. A life-size manger scene, Santa's 70-foot locomotive express, skating reindeer, 100-foot light tunnel and an array of moving light displays will be viewed.

Call Club Magna 55 for more information.

November Special

Friday Nights

14 oz. Lobster Tail \$19.95

Includes: Cup of Soup, Salad & Baked Potato
No other coupons are valid with this special

- Roast Prime Rib 6 lb. or less
- Pepper Steak 1 lb. or less
- Steak Romano
- Sautéed Chicken Liver
- Grilled Swordfish
- Stuffed Tenderloin

- Scampi Francesca
- Veal Chop Marsala
- Veal Chops
- Norwegian Salmon
- Filet Of Sole Princess

- Veal Cordon Blue
- Chicken Marsala
- Veal Spidini
- Rack Of Lamb
- Stuffed Flounder

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169 HALF GALLON

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69 2 LITER

BOR 2 LITER

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In uniform

Dale Aitchison
 Navy Petty Officer Second Class Dale R. Aitchison, whose wife, Kimberly, is the daughter of Dennis and Sheila Rushing of Granite City, recently received the Navy Good Conduct Medal.

The Good Conduct Medal recognizes the service member's honest and faithful service during a four-year period. To earn it, Aitchison achieved and maintained a satisfactory level of performance and an unblemished conduct record for the entire period.

Aitchison is currently assigned aboard the guided missile frigate USS Aubrey Fitch, home-ported in Mayport, Fla.

Anthony Shaver
 Sgt. Anthony R. Shaver of Granite City, currently stationed at Fort Sill, Okla., with

his family, recently won the Third Battalion Ninth Field Artillery's Non-Commissioned Officer of the Quarter award. He also won the 214th Brigade NCO of the Quarter.

Shaver, the son of Ron and Mary Henke and Ron and Phyllis Shaver, all of Granite City, will be competing for the Three Corps Artillery NCO of the Quarter on Nov. 3.

Jeffrey Graham
 Navy Petty Officer Second Class Jeffrey F. Graham, son of Larry F. and Cathy E. Graham of Granite City, recently received a Letter of Commendation while assigned at Naval Submarine Support Facility New London, Groton, Conn.

Graham was recognized for his superior performance of duty. Graham consistently performed his demanding duties in an exemplary and highly professional manner.

He is an essential part of today's naval forces as they shift focus from long-distance war at sea to handling the challenges of regional conflicts affecting U.S. interests.

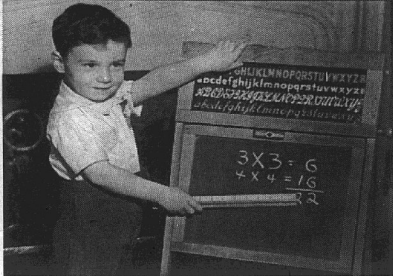
The 1988 graduate of Collinsville High School joined the Navy in March 1989.

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MIX 6 FOR 24 REBATE REPEATERS 1.75 \$20.99 CUTTY BARK 1.75 \$21.99 CANADIAN CLUB 1.75 \$15.99	JIM BEAM or KAHULA \$12.99 \$6.99 750 ML	EARLY TIMES or MASON AMBER BRANDY \$5.99 \$11.99 1.75	MILWAUKEE'S BEST or PABST \$6.99 24 CANS
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 • Customer Loyalty / Satisfaction and • Largest Selection

BRAND NEW 1996 BUICK CENTURY
 Keyless entry, power windows, power locks, cruise, tilt, A/C, alloy wheels, auto overdrive, rear defog, AM/FM cassette, whitewall tires, remote Trk release, painted stripes, antilock brakes, dual airbags.
\$16,226*
 #60051 #60014

NEW 1995 BUICK LESABRE
 "The best Selling Full Size Car In America"
 Cruise, alum. wheels, stripes, floor mats, power windows, power locks, alloy wheels, tilt steering, dual airbags, antilock brakes, 1000 W-B, AM/FM stereo, dynamic suspension.
\$19,795* DEMO
 #51131

1995 BUICK PARK AVENUE
 Loaded
\$23,907*
 #51131

NEW 1995 BUICK RIVIERA
 Fully Loaded - With Leather
 Was \$30,719
ONLY \$26,964*
 #51131

Laura
 Buick, Best In Class Dealer
 7 Yrs. Planning

Price Includes All Applicable Rebates & Discounts. Tax, Title, License and Doc Fees Not Included.
NOW WITH SATURDAY SERVICE HOURS
BUICK • PONTIAC • GMC
 JUST MINUTES FROM THE ARCH
 1-58/70 TO RT. 157 NORTH, COLLINGSVILLE, ILLINOIS
314-621-0824 618-344-0121

\$ 1995 Buick Century \$

2 TO CHOOSE FROM #1032P #1040P

Full Power, V-6, Auto, A/C & More.

TAKE YOUR PICK
\$11,900*

ONLY 1995 Dodge Neon Shadow Like New # 08783A

Low Down Payment, Low Monthly Payments, 60 Months Financing

1995 Olds Ciera Sedan V6, Auto, A/C & etc Fully Equipped # 1041P

* Plus Sales Tax, License, Title & DOC Fees

ELDER!!
 10400 West Main, Belleville
 397-8200
 Call the Oldsmobile CREATING A HIGHER STANDARD AURORA DEMAND BETTER (314) 436-4493

At The New Jefferson Arms, you can feather your nest without breaking into your nest egg.

You've worked hard to build your nest egg—don't threaten it with high rent now that you're ready to move into a senior living community. At the newly refurbished Jefferson Arms, our residents enjoy a convenient location, full security, a wide variety of social activities and delicious meals, which are available daily. See for yourself why the New Jefferson Arms offers a whole lot more for a whole lot less. Studio from \$309 • One bedroom from \$429 • Two bedroom from \$659 Utilities included with monthly rent. Call 314-436-7777 for a tour and join us for lunch

The New Jefferson Arms Apartments
 Smart Living for Independent Seniors (55+)
 415 North Tucker Boulevard, St. Louis, Missouri 63101 (Just south of Washington Ave.)

Calvin Johnson CARE CENTER

Families Are Our Business and have been For Over 25 Years!!!

The decision to place a loved one in a nursing home is sometimes more difficult for the family than it is for the resident. We understand this and are here to help. We believe that after you visit Calvin Johnson Care Center and see for yourself the love and caring attitudes of our staff that you will feel confident and secure in your decision to place a loved one in our care.

We are available if and when you need us. 24 hours a day. 7 days a week. Please call and let us help ease your worries. Ask for Paula Harry or Colleen Seaman and see for yourself, OUR BOTTOM LINE IS CARING.

Twice the caring Twice the commitment To you

727 North 17th, Belleville, IL 62223
1-618-234-3323

Shop'n Save

Liquor prices good at
the Illinois stores only
NOT ALL ITEMS AVAILABLE
IN ALL STORES

TOTAL VALUE

On Your Favorite Holiday Spirits!

REGULAR OR DRAFT
Hamm's Beer



169

6-PACK
12-OZ. CANS

ASSORTED VARIETIES
Franzia Wine



599

5-LTR.
BOX

OUR LOW SALE PRICE 2/\$7.00
SELECTED VARIETIES
Sutter Home Wine



2/\$5

750-ML.
BOTTLE
AFTER \$2.00 IN-STORE MAIL-IN REBATE

OUR LOW SALE PRICE \$14.99
SILVER OR AMBER
Bacardi Rum



1199

1.75-LTR.
BOTTLE
AFTER \$3.00 IN-STORE MAIL-IN REBATE

Natural Light Beer



799

24-PACK
12-OZ. CANS

OUR LOW SALE PRICE 2/\$8.99
SELECTED VARIETIES
E&J Reserve Wine



2/799

1.5-LTR.
BOTTLE
AFTER \$1.00 INSTANT COUPON IN-STORE

OUR LOW SALE PRICE \$10.49
Gordon's Gin.....

749

1.75-LTR.
BOTTLE
AFTER \$3.00 IN-STORE MAIL-IN REBATE

CONCORD, BLACKBERRY,
OR CHERRY
Mogen David Wine.....

2/\$5

750-ML.
BOTTLE

BLACK LABEL
Jack Daniels.....

1099

750-ML.
BOTTLE

O'Doul's N.A. Beverage.....

299

6-PACK
12-OZ. L/N BTLS

St. Julian's N.A. Sparkling.....

2/\$5

750-ML.
BOTTLE

76 PROOF
Southern Comfort.....

699

750-ML.
BOTTLE

REGULAR, LIGHT, DRY, OR
AMBER BOCK,
Michelob Beer.....

389

6-PACK
12-OZ. N/R BTLS.

OUR LOW SALE PRICE \$7.99
DEMI SEC OR
M&R Asti.....

489

750-ML.
BOTTLE
AFTER \$3.00 IN-STORE MAIL-IN REBATE

Smirnoff Vodka.....

1299

1.75-LTR.
BOTTLE

OLD MILWAUKEE OR
Milwaukee's Best Beer.....

379

12-PACK
12-OZ. CANS

ASSORTED VARIETIES
Inglénook Wine.....

599

3-LTR.
BOTTLE

OUR LOW SALE PRICE \$4.99
Amarito Amaretto.....

299

750-ML.
BOTTLE
AFTER \$2.00 IN-STORE MAIL-IN REBATE

Zima.....

459

6-PACK
12-OZ. N/R BTLS.

ASSORTED VARIETIES
Carlo Rossi Wine.....

599

4-LTR.
BOTTLE

SWEET OR DRY
Gallo Vermouth.....

229

750-ML.
BOTTLE

Miller High Life Beer.....

899

24-PACK
12-OZ. CANS

• PRICES GUARANTEED THRU NOV. 22, 1995
• WE RESERVE THE RIGHT TO LIMIT
• NO SALES TO DEALERS

Clan MacGregor Scotch.....

1199

1.75-LTR.
BOTTLE

Pete's Wicked Winter Brew.....

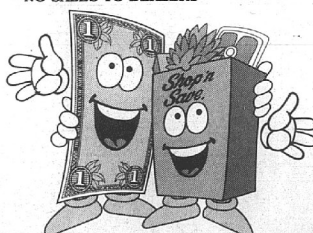
469

6-PACK
12-OZ. N/R BTLS.

SELECTED VARIETIES
Paul Masson Wine.....

2/\$5

1-LTR.
CARAFE



ALL VARIETIES
Kool Cigarettes.....

1399

PER CARTON

ALL VARIETIES
GPC Cigarettes.....

1199

PER CARTON
ALL PRICES INCLUDE EXCISE TAXES. SALES TAX ADDITIONAL.

•Please Drink Responsibly-Don't Drink and Drive•

11151C

Shop 'n Save will close at
midnight on Nov. 22nd and
will be closed Thanksgiving.
Reopen Friday at 7 a.m.

Shop 'n Save

**Happy
Thanksgiving!**
From all your friends at
Shop 'n Save.

TOTAL VALUE For Your Thanksgiving Feast!



ASSORTED VARIETIES
Stove Top Stuffing

98¢

6-OZ.
BOX

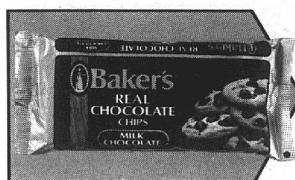


Pepsi, Diet Pepsi or
Mountain Dew

399

24-CAN CASE

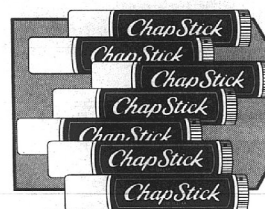
LIMIT 2/24-PACKS WITH ADDITIONAL \$10.00 PURCHASE EXCLUDING PRICES ON
TURKEY, 24-PACK SODA, LIQUOR AND TOBACCO. OVER LIMIT \$4.99



Baker's Real
Chocolate Chips

98¢

12-OZ.
BAG



ASSORTED VARIETIES
ChapStick
Lip Balm

39¢

LIMIT 2 WHILE SUPPLIES LAST

Domino
Granulated Sugar... **119**

4-LB.
BAG

EVERYDAY LOW PRICE
WHOLE OR JELLIED

Ocean Spray
Cranberry Sauce... **79¢**

16-OZ.
CAN

MUSHROOM, CHICKEN, CELERY,
BROCCOLI OR BROCCOLI & CHEESE

Campbell's Cream
Soups... **3/\$2**

10.75-OZ.
CAN

REGULAR, CHOCOLATE OR BUTTER

Keebler
Graham Crust... **99¢**

6-OZ.
PKG.

HERB CHICKEN, ROASTED GARLIC
OR PARMESAN

Near East
Couscous... **139**

5.7-OZ.
PKG.

THIN OR REGULAR SPAGHETTI,
ELBOW MACARONI,
OR VERMICELLI

R•F Pasta... **67¢**

16-OZ.
PKG.

STEMS & PIECES,
REGULAR OR NO SALT

Georgio
Mushrooms... **2/.99**

4-OZ.
PKG.

PRE-PRICED \$2.99
ASSORTED VARIETIES

Lay's
Potato Chips... **3/\$5**

14-OZ.
BAG

REGULAR OR LITE, FRUIT COCKTAIL,
PEACHES OR PEARS

Del Monte
Fruit... **79¢**

15-OZ.
CAN

KOSHER, DILL, DOMOWY OGOREK,
OR BREAD & BUTTER

Heifetz Fresh
Stix Pickles... **99¢**

24-OZ.
JAR

ASSORTED VARIETIES

Franco American
Gravy... **2/\$1**

10.5-OZ.
PKG.

Royal Prince
Whole Yams... **2/\$1**

17-OZ.
CAN

11152A

FRENCH ONION OR
BACON HORSE RADISH

Land O Lakes
No Fat Dips... **79¢**

8-OZ.
PKG.

LIGHT & NO FAT

Land O Lakes
Sour Cream... **99¢**

16-OZ.
PKG.

ASSORTED VARIETIES

Florida Natural
Juices... **2/\$4**

94-OZ.
CTN.

Prairie Farms
Butter... **129**

1-LB.
PKG.

EVERYDAY LOW PRICE

1 1/2 Dozen
Medium Eggs... **59¢**

18-CT.
PKG.



ASSORTED VARIETIES

Lucia's
Pizza... **2/\$6**

16-23 OZ.
PKG.

ASSORTED VARIETIES
OLD RECIPE

Prairie Farms
Ice Cream... **2/\$5**

1/2
GALLON

12-INCH
ASSORTED VARIETIES

Red Baron
Pizza... **2/\$6**

21.8-24.2
OZ. PKG.

FROZEN, BLENDED

Flav•R•Pac
Vegetables... **99¢**

16-OZ.
BAG

2-COUNT PACKAGE

Pet-Ritz Regular
Pie Shells... **99¢**

9-INCH

REGULAR OR CUSTARD

Mrs. Smith
Pumpkin Pie... **2/\$5**

37-OZ.
PKG.

CORN POPS OR FROOT LOOPS

Kellogg's
Cereal... **2/\$4**

15-OZ.
BOX

ASSORTED VARIETIES

Nabisco Snack
Crackers... **2/\$3**

5-10 OZ.
BOX

PIECES OR HALVES

Planter's English
Walnuts... **129**

9-OZ.
PKG.

PIECES OR HALVES

Planter's
Pecans... **199**

9-OZ.
PKG.

SELECTED VARIETIES
SHOP 'N SAVE OR

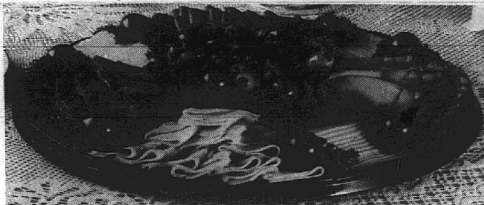
Green Giant
Vegetables... **3/\$1**

14.5-15 OZ.
PKG.

ASSORTED BLENDS

Folgers
Ground Coffee... **679**

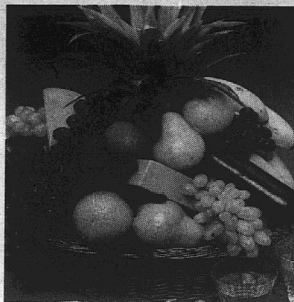
34.5-39
OZ. CAN



Order a Deli Tray!

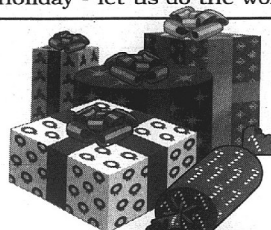
Treat your guests to a mouth-watering deli tray. Choose from our wide assortment of meat, seafood, vegetable, cheese, or combo trays. Enjoy the holiday - let us do the work. Details at the deli.

For the Holidays...



Order a Fresh Fruit Basket!

Beautiful and delicious fresh fruit baskets make a great gift or centerpiece. Stop by the Shop 'n Save Produce Dept. to order.



The Perfect Gift! Give A Shop 'n Save Gift Certificate!

Easy to purchase and available in any amount you choose. Stop by the Courtesy Counter at your neighborhood Shop 'n Save. For special orders call our Corporate Office at (314) 984-0900, ext. 214.



FAMILY VIDEO CENTER

EVERYDAY RENTAL PRICE
All New Releases..... **99¢** EACH

EVERYDAY RENTAL PRICE
All Other Titles..... **49¢** EACH

ALL VIDEO GAME RENTALS 99¢ EACH

AT STORES WITH VIDEO DEPT. ONLY

PHOTO PROCESSING - EVERYDAY VALUE

Your Choice of Single Prints Plus

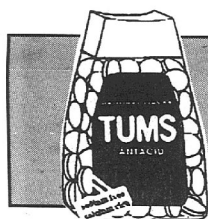
**FREE FILM
OR DOUBLE
PRINTS!**

379
24-EXP.
3 1/2-INCH PRINTS



ORDER YOUR HOLIDAY
GREETING CARDS.
20 PLUS FREE PEN \$7.99

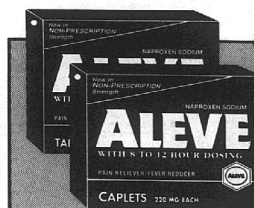
*ORIGINAL FULL COLOR PRINT FILM ONLY
*C-41 PROCESS



75-CT. REGULAR OR FLAVORED,
OR 36 COUNT ULTRA
Tums

99¢

LIMIT 2 WHILE SUPPLIES LAST



TABLETS OR CAPLETS
Aleve

249
24-COUNT

OVAL OR RECTANGULAR
**Handi-Foil
Roasters**.....

79¢ EACH

200 SPEED, 24-EXPOSURE
**Konica 35mm
Film**.....

249 1-ROLL

**Duraflame
Fire Starts**.....

4/\$1

OUR LOW SALE PRICE 2/\$3.58

2-CT. "C" OR "D", OR 1-CT. 9-VOLT

**Duracell
Batteries**.....

2/258

AFTER \$1.00 COUPON AVAILABLE IN-STORE

OUR LOW SALE PRICE 2/\$4.98

4-CT. "AA" OR "AAA"

**Duracell
Batteries**.....

2/398

AFTER \$1.00 COUPON AVAILABLE IN-STORE

Shop 'n Save.

HEALTH & BEAUTY

Red Tag Values!

JERGENS
**Shower Active
Moisturizer**.....

299 6-OZ. PEG.

PRO-V CONDITIONER OR
**Pantene
Shampoo**.....

279 13-OZ. BTL.

ASSORTED VARIETIES
**Scope
Mouthwash**.....

2/\$5 24-OZ. BTL.

ASSORTED VARIETIES
**Crest
Toothpaste**.....

197 6.4-OZ. PEG.

ASSORTED VARIETIES
**Crest Complete
Toothbrushes**.....

159 EACH

2-2.25 OZ. OLD SPICE SOLID, STICK OR
HIGH ENDURANCE, OR 1.7-OZ.

**Sure or Secret
Wide Solid**.....

139

Shop 'n Save.

BAKERY/DELI/SEAFOOD

Red Tag Values!

50-60 COUNT

**Gulf
Shrimp**.....

499 lb.

IN WINE OR CREAM SAUCE

**Herring
in Sauce**.....

299 lb.

COOKED

**Cocktail
Shrimp**.....

999 lb.

ITALIAN BEEF, CORNED BEEF,
PASTRAMI OR

Swift

Roast Beef.....

399 lb.

99% FAT FREE

**Jennie-O
Turkey Breast**.....

299 lb.

**Old Wisconsin
Swiss Cheese**.....

399 lb.

ASSORTED PACK

FRESH BAKED

Dinner

Rolls.....

169 12-COUNT PACKAGE

**FRESH BAKED
Pumpkin
Pie**.....

219 8-INCH

FRESH DAILY

**Dollar
Rolls**.....

229 24-COUNT

11153A

Thanksgiving Values

On Top Quality Kraft Products!



REGULAR OR LIGHT
Parkay Spread

99¢
3-LB. BOWL



REGULAR OR LIGHT
Kraft
Miracle Whip

179
32-OZ. JAR



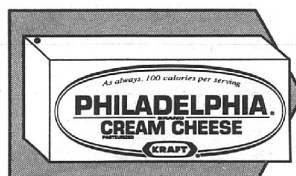
PRE-PRICED \$1.99
Kraft
American Singles

2/\$3
12-OZ. PKG.



REGULAR OR DELICIOUSLY RIGHT
ASSORTED VARIETIES
Kraft
Salad Dressings

2/\$3
16-OZ. BTL.



REGULAR OR LITE
Kraft Philly
Cream Cheese

69¢
8-OZ. BRICK



REGULAR OR SUGAR FREE
ASSORTED VARIETIES
Jell-O Gelatin

3/\$1
.03-3 OZ. BOX

PRE-PRICED \$3.99
REGULAR OR LIGHT
Velveeta.....

369
2-LB. LOAF

EVERYDAY LOW PRICE!
Kraft
Cheez Whiz.....

279
16-OZ. JAR

ASSORTED VARIETIES
Kraft Shredded
Cheese.....

2/\$3
8-OZ. BAG

PRE-PRICED \$2.99
Kraft Parmesan
Cheese.....

279
8-OZ. PKG.

EVERYDAY LOW PRICE!
PRE-PRICED \$1.69
Kraft
Velveeta Slices.....

2/\$3
12-OZ. PKG.

REGULAR OR LIGHT
Kraft Parkay
Quarters.....

59¢
1-LB. PKG.

EVERYDAY LOW PRICE!
ASSORTED VARIETIES
Jell-O
Jigglers.....

79¢
6-OZ. PKG.

REGULAR, PREMIUM,
BOIL 'N BAG OR BROWN
Minute Rice.....

88¢
14-OZ. PKG.

MIMI OR JET PUFF
Kraft
Marshmallows.....

99¢
16-OZ. BAG

Kraft Marshmallow
Creme.....

149
13-OZ. JAR

Oscar Mayer
Bacon.....

2/\$4
1-LB. PKG.

LINKS
Oscar Mayer
Pork Sausage.....

279
lb.

REGULAR OR SUGAR FREE
ASSORTED VARIETIES
Jell-O
Pudding.....

2/99
1-3.4 OZ. PKG.

Oscar Mayer
Bacon Bits.....

119
3-OZ. PKG.

Kraft Grape
Jelly or Jam.....

99¢
32-OZ. JAR

REGULAR, WHITE CHEDDAR
OR THICK & CREAMY
Kraft Macaroni
& Cheese.....

2/\$1
7.25-OZ. PKG.

POST/NABISCO
SPOON SIZE

Shredded
Wheat Cereal.....

3/\$5
17.2-OZ. BOX

POST/NABISCO

Wheat 'n
Bran Cereal.....

3/\$5
18-OZ. BOX

Post Raisin
Bran Cereal.....

3/\$5
20-OZ. BOX

Post Super
Golden Crisp Cereal...

3/\$5
18-OZ. BOX

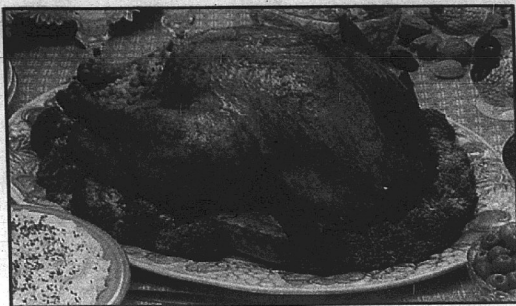
Post Blueberry
Morning Cereal.....

2/\$5
15-OZ. BOX

FRUITY OR COCOA
Post Pebbles
Cereal.....

3/\$5
13-OZ. BOX





FROZEN GRADE "A"

Riverside Turkey

**ALL
SIZES**
10-22 LB. AVG.

**14¢
lb.**

**TOTAL
VALUE**

**FOR YOUR
THANKSGIVING FEAST!**

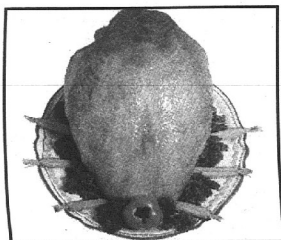
FROZEN GRADE "A"

**Honeysuckle White
Turkey**

**ALL
SIZES**
10-22 LB. AVG.

**19¢
lb.**

LIMIT 1 FROZEN TURKEY (ANY BRAND) PER FAMILY WITH \$50.00 ADDITIONAL PURCHASE.
ADDITIONAL PURCHASE EXCLUDES PRICES ON TURKEY, 24-PACK SODA, LIQUOR AND TOBACCO.

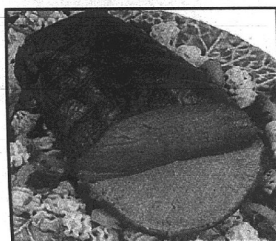


GOLDEN ACRE, FROZEN

**Turkey
Breast**

**99¢
lb.**

5-7 LB. AVG.
LIMIT 2 PLEASE



USDA CHOICE BEEF
**Boneless Top
Round Roast**

**199
lb.**

**R.B. Rice
Pork Sausage.....**

189
1-POUND
ROLL

WHITE & DARK
**Jennie-O Turkey
Pan Roast.....**

2/\$5
2-LB.
PKG.

PATTIES OR NUGGETS
**Tenderbird
Chicken.....**

2/\$5
10.5-OZ.
PKG.

HEAT & SERVE ROASTS OR STEAKS

**Cooked
Prime Rib.....**

499
lb.

PEPPERONI, SAUSAGE
OR DELUXE
**Mama Rosa
Pizza.....**

2/399
22-OZ.
PKG.

10-12 POUND AVERAGE,
WHOLE BONELESS
**Kretschmar or
Mickelberry Ham.....**

189
lb.

**Mayrose
Sliced Bacon.....**

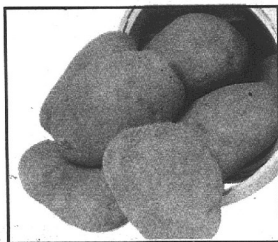
159
1-LB.
PKG.

ALL MEAT
**Oscar Mayer
Sliced Bologna.....**

2/\$3
1-LB.
PKG.

LINKS
**Oscar Mayer
Pork Sausage.....**

279
lb.



U.S. NO. 1
**Idaho Russet
Potatoes**

178
10 POUND
BAG

CALIFORNIA, 113 COUNT
**Navel
Oranges.....**

6/88

125-COUNT WASHINGTON STATE
**Red or Golden
Delicious Apples..**

**58¢
lb.**

LOUISIANA
**Sweet
Yams.....**

**38¢
lb.**

5 A Day Fruits &
For Better Health Vegetables



DOLE
**Classic
Salad Blend**

198
3 POUND
BAG

BIRDS-EYE
**Vegetable
Dips.....**

198
16-OZ.
CTN.

**Your Satisfaction
Is Guaranteed...**

Shop 'n Save

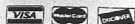
♫ The more you shop the more you save. SM

11155A

S	M	T	W	T	F	S
				15	16	17
19	20	21	22			

* PRICES GUARANTEED THRU NOVEMBER 22, 1995 AT ALL ST. LOUIS METRO STORES ONLY • WE RESERVE
THE RIGHT TO LIMIT • NO SALES TO DEALERS • FOR LOCATIONS CALL (314) 954-0500

**DOUBLE YOUR
MONEY BACK
MEAT & PRODUCE
GUARANTEE**
WITH PROOF OF PURCHASE

WE TAKE
PLASTIC!

Classified

CALL 877-7700 or 876-2000

Hours: Monday-Friday 8 am-5 pm • Closed Saturday & Sunday

1-800-766-FAST (3278)

For Commercial Rates Call 877-7700. Help Wanted 876-2000.

LOOK AT THESE 95 CLEARANCE SALE PRICES.
NO GIMMICKS, NO GIVE-AWAYS, JUST SUPER SAVINGS!
ALBRECHT HAMLIN CHEVROLET GEO • RT 111 WOOD RIVER

BERETTA GT DEMO \$14,995 #95150 WITH REBATE TOTALLY LOADED!	CAPRICE CLASSIC SEDAN \$18,395 DEMO, V-8, P. WINDOWS & LOCKS, TILT, CRUISE & MORE	CORSICA SEDAN \$12,295 #95745 WITH REBATE AIR COND., STEREO
--	--	---

CAMARO COUPE SPECIAL! \$14,795 #95594 LOTS OF EQUIPMENT BEAUTIFUL ARCTIC WHITE	TAHOES AND SUBURBANS \$8395 SEVERAL TO CHOOSE FROM	GEO METRO AIR CONDITIONED \$8395 #95744 WITH REBATE OVER 40 MILES PER GALLON
--	--	---

GEO PRIZM SEDAN \$12,595 #95566 AIR COND., AM-FM STEREO, C. STEERING	GEO TRACKER CONVERTIBLE \$10,995 #95558 WITH REBATE AIR CONDITIONED	LUMINA SEDAN \$14,795 #95611 HURRY! ONLY 2 AVAILABLE AT THIS PRICE!
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SPECTACULAR SAVINGS ON 95 VANS,
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ADDRESS Number & Street City County State Zip Live There (Yes/No)

PREVIOUS ADDRESS Number & Street City County State Zip Live There (Yes/No)

Employed Name of Company Address City State Phone #

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